

December 2025

The Poetry Corner

"Crisp and clear the days begin,
The air a crystal fire;
I leave the year with quiet cheer,
Content, though I retire."

"A Winter Bluejay" – Sara Teasdale (1915)

**Christmas Vendor Market – Friday,
December 5th, 10:00–3:00 in the
Lobby & Bar Lounge!**



Join us for our annual Christmas Vendor Market and get into the festive spirit!

Browse beautiful handmade crafts, jewelry, and holiday goodies from local vendors — perfect for your Christmas shopping. Enjoy some holiday music, laughter, and community cheer as we kick off the season together!

**Oriana Singers Christmas Choir Concert:
December 12th at
2:00pm in the Lobby**

Come out and enjoy the musical stylings of the wonderful Oriana Singers! Make sure to grab a seat early for this very special performance.

**Northumberland
Players Christmas
Show**

**Thursday, December
12th – 6:30 PM, Lobby**

Enjoy a festive evening of music, laughter, and holiday spirit as the Northumberland Players present their delightful Christmas performance!

Dear Residents,

As we enter this joyful holiday season, I find myself reflecting on what a truly wonderful year it has been here at Palisade Gardens. This will be my final newsletter with you, as I will be moving on in December to pursue the remainder of my Master's degree and complete my practicum. Though it is bittersweet to say goodbye, I leave with a heart full of gratitude for the laughter, stories, and special moments we've shared.

This December is filled with festive fun — from our **Christmas Vendor Market, Oriana Choir and Northumberland Players performances**, and our **trip to see the Bowmanville Christmas lights**, to creative gatherings like our **gift wrapping and card-making afternoon, Christmas Jeopardy**, and more with Natalie! I hope each event brings you the warmth and magic of the season.

Thank you for welcoming me so kindly into your community and for letting me be part of your days. It has been such a joy to plan activities, celebrate milestones, and simply share time together. I will always carry fond memories of my time here — and of each of you.

Wishing you all a beautiful holiday season and a bright, happy New Year!

With love and gratitude,
Rebecca
Activity Director



**Trip to the Bowmanville
Christmas Light Display
Saturday, December 13th –
5:30 PM Departure**

Join us for a magical evening
beneath the twinkling lights!
Enjoy the sights of Bowman-
ville's dazzling holiday display
and the warmth of the season
shared together. Please sign up
near reception to reserve your
spot!



**Gift Wrapping & Christmas Card Signing
Tuesday, December 9th – 2:00 PM, Bar
Lounge**

Let's get into the holiday spirit together! Join
us for an afternoon of wrapping gifts and sign-
ing Christmas cards. We'll have supplies ready
and are happy to lend a hand with writing for
anyone who needs it. A perfect way to spread
warmth and cheer this season.



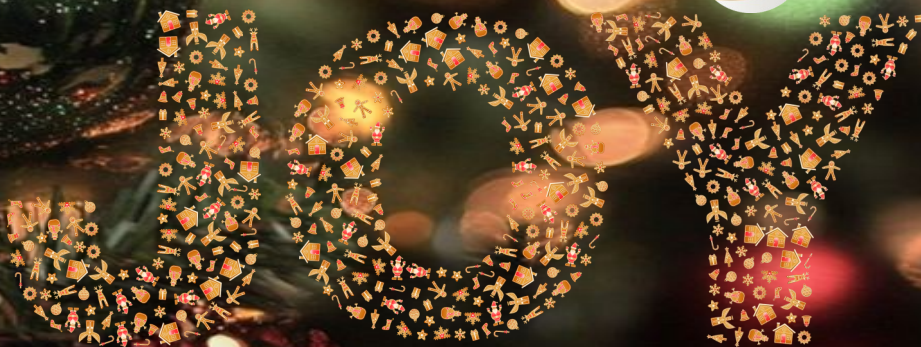
Christmas Riddle

I hang without hands, I
gleam without fire,
I shiver in sun but never
tire.

I pierce without pain, I
glint without light,
I sparkle in the day,
vanish at night.

What am I?

**Are you a pet
owner? Let Natalie
know! A special
volunteer will be
bringing in some
stocking stuffers
for your furry
critters this year to
make sure they
have a very jolly
holiday season.**











Happy Hour every
Monday-Friday in the BL from
3:30 to 4:45

December 2025

Shuttle Bus Tues &
Thurs
9:30-12 & 1-3:30



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:30 Fun & Fitness with Rebecca (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Speaker Series: Cobourg Mayor (BL) 6:30 Visit with the Sparks & Embers (L)	2 10:00 Chair Yoga (AR) 10:45 Activity Meeting (BL) 2:00 Bingo (AR)	3 10:30 Fun & Fitness with Natalie (AR) 11:00 Book Club (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Don Owen (L)	4 10:00 Chair Yoga (AR) 10:40 Beauty Hour (AR) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty (L) <i>Rebecca's Last Day</i> 	5 10:00-3:00 Christmas Vendor Market (L/BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL) 	6 3:30 BYOB Happy Hour (BL) 
7 3:30 BYOB Happy Hour (BL) 	8 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Michael T (L)	9 10:00 Chair Yoga (AR)  2:00 Gift Wrapping Station and Christmas Card Creation (BL)	10 10:30 Fun & Fitness with Natalie (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 6:30 Entertainment with Deidrey F (L)	11 10:00 Chair Yoga (AR) 10:30 "Blue Christmas" Anglican Church Service (4th floor) 2:00 Christmas Bingo! (AR) 6:30 Sing-A-Long with Betty (L)	12 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Oriana Choir Christmas Performance (L) 6:30 Northumberland Players Christmas Show (L)	13 2:00 Bingo (AR) 3:30 BYOB Happy Hour (BL) 5:30 Trip to the Christmas Lights Display in Bowmanville (sign up near reception)
14 3:30 BYOB Happy Hour (BL)	15 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 11:00-3:00 Gemini Jewelry Popup Shoppe (L)	16 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2:00 Entertainment with Kathy Wiles (L)	17 10:30 Fun & Fitness with Natalie (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:15 Tai Chi with Cindy (BL)	18 10:00 Chair Yoga (AR) 10:30 Trinity Church Service (4th Floor) 2:00 Prize Bingo! (AR) 6:30 Sing-A-Long with Betty (L)	19 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Christmas Jeopardy! (L)	20 2:00 Bingo (AR)  3:30 BYOB Happy Hour (BL)
21 3:30 BYOB Happy Hour (BL)	22 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Eric L (L)	23 10:00 Catholic Church Service (TR) 2:00 Bingo (AR) 	24 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Darlene (L) <i>Natalie Vacation</i>	25 Christmas Day— Staff Holiday 3:30 BYOB Happy Hour	26 Boxing Day— Staff Holiday 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L) 3:30 BYOB Happy Hour	27 2-4 Free Paramedicine Clinic (BL) 3:30 BYOB Happy Hour (BL)
28 3:30 BYOB Happy Hour (BL)	29 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) <i>Natalie Vacation</i>	30 10:00 Chair Yoga (AR) 10:30 Resident Council (BL) <i>Natalie Vacation</i>	31 11:00 Book Club (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) <i>Natalie Vacation</i>			

ACTIVITY LOCATION LEGEND

AR – Activity Room

BL– Bar Lounge

L– Lobby

DR– Dining Room

O – Outdoors TR—Theatre Room

LIB—Library