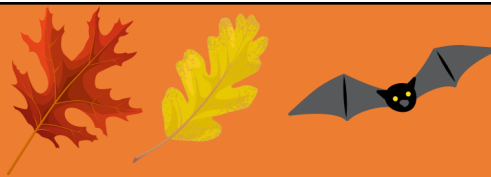
 Harmony October 						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:45 Fun & Fitness with Natalie (TV Room) 10:30 Noodle Balloon (TV Room) 2:00 The “Who Am I” Game (TV Room)	2 10:00 Chair Yoga (TV Room) 10:30 Word Webs: Cognitive Retention Exercise 2:00 Autumn Walking Club (Outdoor Gardens)	3 10:00 Zumba! (TV Room) 10:30 What’s in the Bag? Sensory Exploration Game (TV Room) 2:00 Music Therapy Visit (TV Room)	4 10:00 Coffee, Colouring, and Activity Booklets (Kitchen) 2:00 Afternoon movie
5 10:00 Coffee, Colouring, and Activity Booklets 2:00 Entertainment with Don Owen (TV Room)	6 9:45 Fun & Fitness with Natalie (TV Room) 10:30 Boomer Visits (TV Room) 2:00 Armchair Travel: Italy’s Amalfi Coast (TV Room)	7 10:00 Matching Cities (TV Room) 2:00 Entertainment with Kathy Wiles (TV Room)	8 9:45 Fun & Fitness with Natalie (TV Room) 10:30 Autumn Triva (TV Room) 2:00 Thanksgiving Decorating and Craft Hour (Kitchen)	9 10:00 Chair Yoga (TV Room) 10:30 Meditation Morning/ Hand Massages 2:00 Thanksgiving Picture Bingo (Kitchen)	10 10:00 Zumba! (TV Room) 10:30 Reminiscing Group 2:00 Entertainment with Ian Buchanan (TV Room) <i>Rebecca Off</i>	11 10:00 Coffee, Colouring, and Activity Booklets (Kitchen) 2:00 Afternoon movie
12 10:00 Coffee, Colouring, and Activity Booklets 2:00 Entertainment with Don Owen (TV Room)	13 Thanksgiving Day 10:00 Coffee, Colouring, and Activity Booklets  2:00 Art Therapy with Christy! (Kitchen) <i>Natalie & Rebecca Off</i>	14 10:00 Thanksgiving Trivia (Kitchen) 2:00 Coffee, Colouring, and Activity Booklets (Kitchen) <i>Natalie Vacation</i>	15 9:45 Fun & Fitness with Rebecca (TV Room) 2:00 Afternoon Movie (TV Room) <i>Natalie Vacation</i>	16 10:00 Chair Yoga (TV Room) 10:30 “Never Have I Ever” Game (Kitchen) 2:00 Afternoon Movie (TV Room) <i>Natalie Vacation</i>	17 10:00 Zumba! (TV Room) 2:00 Music Therapy Visit (TV Room) <i>Natalie Vacation</i> 	18 10:00 Coffee, Colouring, and Activity Booklets 2:00 Afternoon movie
19 10:00 Coffee, Colouring, and Activity Booklets 2:00 Entertainment with Don Owen (TV Room)	20 9:45 Fun & Fitness with Natalie (TV Room) 10:30 Boomer Visits (TV Room) 2:00 Sorting Seasons (TV Room)	21 10:00 Guess the Job/Career (TV Room) 2:00 Mad Libs (TV Room)	22 9:45 Fun & Fitness with Natalie (TV Room) 10:30 Finish the Phrase (TV Room) 2:00 Garden Bed Demolition Day! (Outside Patio)	23 10:00 Chair Yoga (TV Room) 10:30 Montessori Cleaning Committee (Kitchen) 2:00 The Baking Hour: Pumpkin Cupcakes! (Kitchen) 	24 10:00 Zumba! (TV Room) 10:30 Guess the Scent 2:00 Music Therapy Visit (TV Room) <i>Rebecca Off</i>	25 10:00 Coffee, Colouring, and Activity Booklets 2:00 Afternoon movie
26 10:00 Sparkle Pumpkins and Gourd Painting with Natalie (Kitchen) 2:00 Entertainment with Don Owen (TV Room)	27 9:45 Fun & Fitness with Natalie (TV Room) 10:30 Boomer Visits (TV Room) 2:00 Mad Scientist Hour: Homemade Bouncy Balls! (Kitchen)	28 10:00 Spooky Reading Comprehension Group (TV Room) 2:00 Halloween Bingo! (Kitchen) 	29 9:45 Fun & Fitness with Natalie (TV Room) 10:30 Big Picture Quiz (TV Room) 2:00 Name the Monster! Halloween Edition (TV Room)	30 10:00 Chair Yoga (TV Room) 10:30 Montessori Cleaning Committee (Kitchen) 2:00 Nail Parlor (Kitchen)	31 10:00 Zumba! (TV Room) 10:30 CR Gummow Trick or Treater Visits 2:00 Music Therapy Visit (TV Room)	