

Exercise with Natalie is M, W  
10:30 in the Activity Room



# March 2024



Shuttle Bus Tues & Thurs  
9:30-12 & 1-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> 10:00 Trivia (L) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 2:00 Game: Who Wants To Be A Millionaire (BL) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>2</b> 10:00 Dominoes Morning (BL) 2:00 Entertainment with Everything Country (L) 2:00 Bingo (AR)
<b>3</b> 10:30 Coffee & Chats (BL) 1:30 - 3:30 Ladies Nail Parlour - Sign Up In The Lobby	<b>4</b> 9:30 Coffee & Tea (BL) 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (Library) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>5</b> 10:00 Chair Yoga (AR) 10:45 Activity Meeting With Ashley (AR) 2:00 Entertainment with Don Owen (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	<b>6</b> 10:00 Helping Hands Presentation (BL) 10:30 Fun & Fitness (AR) 11:00 Book Club (Library) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 2:00 Name That Tune (L) 3:30 Happy Hour (BL)	<b>7</b> 10:00 Chair Yoga (AR) 10:30 Craft Group (AR) 2:00 Entertainment with Michael T (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	<b>8</b> <i>International Women's Day</i> 10:00 Scrabble Morning (AR) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 2:00 St Patties Social with Ice Cream Floats (BL) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>9</b> 10:00 Dominoes Morning (BL) 2:00 Bingo (AR)
<b>10</b> 10:30 Coffee and Chats (BL)	<b>11</b> 9:30 Coffee & Tea (BL) 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (Library) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 2:00 Entertainment with Hal Allison 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>12</b> 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2:00 Men's Group (4th Floor) 3:30 Happy Hour (BL)	<b>13</b> 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (BL) 1:30 Bridge Club (4th Floor) 2:00 Make up & Skincare Session with Viva Le Glitz (AR) 3:30 Happy Hour (BL)	<b>14</b> 10:00 Chair Yoga (AR) 11:00 Anglican Church (4th Floor) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	<b>15</b> 10:00 Current Events (L) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 2:00 Entertainment with Ed Smith (L) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>16</b> 10:00 Dominoes Morning (BL) 2:00 Bingo (AR)
<b>17</b> 10:30 Coffee and Chats (BL) 2:00 Ukaladies (L) 3:30 ST Patrick's Day Happy Hour	<b>18</b> 9:30 Coffee & Tea (BL) 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (Library) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Rosita Stone (L) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>19</b> <i>First Day of Spring</i> <i>NCAA March Madness Begins</i> 10:00 Chair Yoga (AR) 2:00 Prize Bingo (AR) 3:30 Happy Hour (BL)	<b>20</b> 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 2:00 Entertainment with Darlene & The Shamrock (L) 3:30 Happy Hour (BL)	<b>21</b> 10:00 Chair Yoga (AR) 10:30 Craft Group (AR) 10:30 Trinity Church (4th Floor) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	<b>22</b> 10:00 Trivia (L) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>23</b> 10:00 Dominoes Morning (BL) 2:00 Bingo (AR)
<b>24</b> 10:30 Coffee and Chats (BL) 2:00 Viva Le Glitz Fashion Show	<b>25</b> 9:30 Coffee & Tea (BL) 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (Library) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 2:00 Entertainment with Emilio (L) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>26</b> 10:00 Chair Yoga (AR) 10:30 Resident Council Meeting (BL) 2:00 Bingo (AR) 2:00 Men's Group (4th Floor) 3:30 Happy Hour (BL)	<b>27</b> 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 11:00 Book Club (Library) 1:30 Euchre Group (AR) 1:30 Bridge Club (4th Floor) 2:00 Easter Craft (BL) 3:30 Happy Hour (BL) 6:30 Entertainment with Eric L (L)	<b>28</b> 10:00 Chair Yoga (AR) 10:00 Catholic Church (4th Floor) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	<b>29</b> <i>Good Friday</i> 10:30 Zumba (BL) 1:30 Euchre Group (BL) 1:30 Bridge Club (4th Floor) 2:00 Easter High Tea (BL) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)	<b>30</b> 10:00 Dominoes Morning (BL) 2:00 Entertainment with Lawrence Marks (L) 2:00 Bingo (AR)
<b>31</b> <i>Easter Sunday</i> 10:30 Coffee and Chats (BL)						

ACTIVITY LOCATION LEGEND

AR- Activity Room

BL- Bar Lounge

L- Lobby

DR- Dining Room

O- Outdoors

TR- Theatre Room