



Exercise with Natalie is M, W
10:30 in the Activity Room

February 2024

Shuttle Bus Tues & Thurs
9:30-12 & 1-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Send a heart-gram for Valentine's Day! See the front desk to fill out the sheet!</p>	<p>Happy Recreation Therapy Month</p> <p>Black History Month</p>	<p>Pancake Tuesday - February 13th</p>	<p>Groundhog Day - February 2nd</p> <p>Chinese New Year - February 10th</p> <p>Ash Wednesday - February 14th</p>	<p>1</p> <p>10:00 Chair Yoga (AR) 10:00 Trivia (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)</p>	<p>2</p> <p>10:00 Current Events (L) 10:30 Zumba (BL) 1:30 Card Group (AR) 2:00 Black History Month Facts & Hot Chocolate (BL) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)</p>	<p>3</p> <p>2:00 Bingo (AR)</p> 
<p>4</p> <p>10:30 Coffee and Chats (BL)</p> 	<p>5</p> <p>9:30 Coffee and Tea Social (BL) 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer info with Bill (Library) 1:30 Card Group (AR) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)</p>	<p>6</p> <p>10:00 Chair Yoga (AR) 10:45 Activity Meeting With Ashley (AR) 2:00 Entertainment With Don Owen (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)</p>	<p>7</p> <p>8:00 Managers Breakfast 10:00—11:30 Hearing Aid Clinic (BL) 10:30 Fun & Fitness (AR) 11:00 Book Club (Library) 1:30 Card Group (AR) 3:30 Happy Hour (BL)</p>	<p>8</p> <p>10:00 Chair Yoga (AR) 11:00 Anglican Church (4th Floor) 2:00 Entertainment with Michael T (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)</p>	<p>9</p> <p>10:30 Zumba (BL) 9:30 Trip to the Peterborough Casino 1:30 Card Group (AR) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)</p>	<p>10</p> <p>2:00 Bingo (AR)</p>
<p>11</p> <p>Superbowl Sunday</p> <p>10:30 Coffee and Chats (BL) 2:00 Superbowl Party (BL)</p>	<p>12</p> <p>9:30 Coffee and Tea Social (BL) 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer info with Bill (Library) 11-3 Gemini Jewelry Pop Up (L) 1:30 Card Group (AR) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)</p>	<p>13</p> <p>10:00 Chair Yoga (AR) 10:00 Let's Travel: New Orleans 2:00 Entertainment with Darlene & The Shamrockers (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)</p>	<p>14</p> <p>10:00 Valentine's Day Photoshoot (BL) 1:30 Card Group (AR) 2:00 Entertainment with Just Us Jazz Band (L) 3:30 Happy Hour (BL)</p> 	<p>15</p> <p>10:00 Chair Yoga (AR) 10:30 Trinity Church (4th Floor) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)</p>	<p>16</p> <p>10:00 Scrabble Morning (AR) 10:30 Zumba (BL) 1:30 Card Group (AR) 2:00 Entertainment with Ed Smith (L) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)</p>	<p>17</p> <p>2:00 Bingo (AR)</p> 
<p>18</p> <p>10:30 Coffee and Chats (BL) 2:00 Entertainment with Lesley Daly (L)</p>	<p>19</p> <p>Family Day</p> <p>10:00 Boomer Visits 11:00 Computer info with Bill (Library) 1:30 Card Group (AR) 3:30 Happy Hour—BYOB (BL) 6:30 Evening Movie (TR)</p>	<p>20</p> <p>10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)</p>	<p>21</p> <p>10:30 Fun & Fitness (AR) 1:30 Card Group (AR) 2:00 Ron The Party Magician (L) 3:30 Happy Hour (BL)</p>	<p>22</p> <p>10:00 Chair Yoga (AR) 10:00 Catholic Church (TR) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)</p>	<p>23</p> <p>10:00 Family Feud (AR) 10:30 Zumba (BL) 1:30 Card Group (AR) 2:00 Entertainment with 705 Folk Legend & Birthday Party (L) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)</p>	<p>24</p> <p>2:00 Bingo (AR)</p>
<p>25</p> <p>10:30 Coffee and Chats (BL)</p> 	<p>26</p> <p>9:30 Coffee and Tea Social (BL) 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer info with Bill (Library) 1:30 Card Group (AR) 2:00 Entertainment with Emilio (L) 3:30 Happy Hour (BL) 6:30 Evening Movie (TR)</p>	<p>27</p> <p>10:00 Chair Yoga (AR) 10:30 Resident Council (BL) 2:00 Bingo (AR) 3:30 Happy Hour (BL)</p>	<p>28</p> <p>9:30 Coffee & Tea Social (BL) 10:30 Fun & Fitness (AR) 11:00 Book Club (Library) 12-2 Tocara Pop Up (L) 1:30 Card Group (AR) 3:30 Happy Hour (BL) 6:30 Entertainment with Eric L (L)</p>	<p>29</p> <p>10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)</p>		

ACTIVITY LOCATION LEGEND

AR— Activity Room

BL— Bar Lounge

L— Lobby

DR— Dining Room

O— Outdoor

TR— Theatre Room