

# August 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## August Birthday's

August 3 -

Rose Marie B & Joyce H

|   |   |  |  |   |
|---|---|--|--|---|
| <p>7</p> <p>10:30 Critter Visits<br/>2:00 Music with Kathy W</p>  | <p>2</p> <p>9:30 Fun &amp; Fitness<br/>10:00 Trivia<br/>2:00 Reminisce &amp; Popsicles</p>                | <p>3</p> <p>10:00 Manicures<br/>2:00 Music with Don</p>                              | <p>4</p> <p>9:30 Get Moving!<br/>10:00 Current Events<br/>2:00 Family Feud</p>                                   | <p>5</p> <p>10:00 Mindful Colouring<br/>2:00 Friendly Chats</p>                         |
| <p>6</p> <p>10:00 Sunday News Update<br/>2:00 Music with Don</p>  | <p>7</p> <p>10:00 Boomer Visits<br/>2:00 Activity Booklets<br/>Jenna &amp; Natalie Off</p>                | <p>8</p> <p>10:00 1:1 Visits<br/>2:00 Short Story Reading</p>                        | <p>9</p> <p>9:30 Fun &amp; Fitness<br/>10:00 Meditation<br/>2:00 Milkshake Social</p>                            | <p>10</p> <p>10:00 B I N G O<br/>2:00 Name that Tune</p>                                |
| <p>13</p> <p>10:00 Morning Tea Social<br/>2:00 Music with Don</p> | <p>Jenna Off</p> <p>14</p> <p>9:30 Fun &amp; Fitness<br/>10:00 Boomer Visits<br/>2:00 Armchair Travel</p> | <p>15</p> <p>10:00 Reminiscing<br/>2:00 Music with Kathy W</p>                       | <p>16</p> <p>9:30 Fun &amp; Fitness<br/>10:00 Devotions<br/>2:00 Watermelon Social</p>                           | <p>17</p> <p>10:00 1:1 Visits<br/>2:00 Music with Don</p>                               |
| <p>20</p> <p>10:00 Hangman<br/>2:00 Music with Don</p>            | <p>21</p> <p>9:30 Get Moving!<br/>10:00 Boomer Visits<br/>2:00 Hand Massages</p>                          | <p>22</p> <p>10:00 Peach Trivia<br/>2:00 Peach Social on Patio (OUT)</p>             | <p>23</p> <p>9:30 Fun &amp; Fitness<br/>10:00 Music Therapy<br/>2:00 Root Beer Floats</p>                        | <p>24</p> <p>10:00 B I N G O<br/>2:00 Cranium Crunches</p>                              |
| <p>27</p> <p>10:00 Morning Tea Social<br/>2:00 Music with Don</p> | <p>Natalie Vacation</p> <p>28</p> <p>10:00 Boomer Visits<br/>2:00 Birthday Party<br/>Emilio (OUT)</p>     | <p>Natalie Vacation</p> <p>29</p> <p>10:00 Baking Group<br/>2:00 Armchair Travel</p> | <p>Natalie Vacation</p> <p>30</p> <p>9:30 Outside Strolls<br/>10:00 Garden Tour<br/>2:00 Puzzles &amp; Tunes</p> | <p>Natalie Vacation</p> <p>31</p> <p>10:00 Caribbean Trivia<br/>2:00 Music with Don</p> |

