



# APRIL 2026



## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**5**  
2pm Entertainment with Don Owens  
  
Easter

**6**  
9:30am Fun & Fitness  
10:30am Boomer Visits  
2pm Easter Around the World  
  
Easter Monday

**7**  
10am Chair Yoga  
10:30am What's that Sound  
2:15pm Spring Bingo

**1**  
9:30am Fun & Fitness with Natalie  
10:30am Finish the Phrase  
2pm Entertainment with Darlene M

**2**  
10am Easter Craft  
2pm Movie Afternoon with Chips & Pop

**3**  
10am Zumba!  
10:30am Easter Trivia  
  
Good Friday

**4**  
Colouring & Activity Booklets

**5**  
2pm Entertainment with Don Owens  
  
Easter

**6**  
9:30am Fun & Fitness  
10:30am Boomer Visits  
2pm Easter Around the World  
  
Easter Monday

**7**  
10am Chair Yoga  
10:30am What's that Sound  
2:15pm Spring Bingo

**8**  
9:30am Fun & Fitness with Natalie  
10:30am Reading Group  
2pm Sing-along

**9**  
10am Beauty Hour  
2pm Bean Bag Toss

**10**  
10am Zumba!  
10:30am Never Have I Ever  
2pm Music Therapy

**11**  
Colouring & Activity Booklets

**12**  
2pm Entertainment with Don Owens

**13**  
9:30am Fun & Fitness with Natalie  
10:30am Boomer Visits  
2pm Entertainment with Darlene B

**14**  
10am Chair Yoga  
10:30am Gentle Debate  
2pm Jeopardy

**15**  
9:30am Fun & Fitness with Natalie  
10:30am Alphabet Game  
2pm Entertainment with Ian B

**16**  
10am Matching Cities  
  
2pm Charades

**17**  
10am Zumba!  
10:30am Current Events  
2pm Music Therapy

**18**  
Colouring & Activity Booklets

**19**  
2pm Entertainment with Don Owens

**20**  
9:30am Fun & Fitness with Natalie  
10:30am Boomer Visits  
2pm Walking Club

**21**  
10am Chair Yoga  
2pm Earth Day Activity  
  
Natalie Vacation

**22**  
9:30am Fun & Fitness  
2pm Entertainment with Sean Roberts  
  
Natalie Vacation

**23**  
10am Hymn Sing  
2pm Sensory Bins  
  
Natalie Vacation

**24**  
10am Zumba!  
10:30am Catholic Mass  
2pm Music Therapy  
  
Natalie Vacation

**25**  
Colouring & Activity Booklets

**26**  
2pm Entertainment with Don Owens

**27**  
9:30am Fun & Fitness with Natalie  
10:30am Boomer Visits  
2pm Reminiscing Group

**28**  
10am Chair Yoga  
10:30am Guess the Object  
2pm Chair Dance

**29**  
9:30am Fun & Fitness with Natalie  
10:30am  
2pm Entertainment with Jean L

**30**  
10am Noodle Balloon  
10:30am Word Webs  
2pm Fun with Science

