





Exercise with Natalie is M, W
10:30 in the Activity Room



APRIL 2024



Shuttle Bus Tues & Thurs
9:30-12 & 1-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Boomer the Therapy Dog is away from March 22nd—May 6th!	1 Easter Monday  	2 10:00 Chair Yoga (AR) 2:00 Entertainment with Don Owen (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	3 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 11:00 Book Club (Library) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL)	4 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	5 10:00 Trivia (L) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Karaoke (BL) 3:30 Happy Hour (BL)	6 2:00 Bingo (AR)
7 10:30 Coffee & Chats (BL) 1:30—3:30 Ladies Spa Afternoon	8 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 1:30 Wine Tasting (BL) 3:30 Happy Hour (BL)	9 10:00 Chair Yoga (AR) 10:30 Activity Meeting with Ashley (AR) 2:00 Bingo (AR) 2:00 Men's Group (4th Floor) 3:30 Happy Hour (BL)	10 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 12-2 Tocara Pop Up (L) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Movie Afternoon with Popcorn & Soda (TR) 3:30 Happy Hour (BL)	11 10:00 Chair Yoga (AR) 10:00—11:30 Hearing Aid Cleaning Clinic (BL) 11:00 Anglican Church (4th Floor) 2:00 Entertainment with Michael T (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	12 10:00 Current Events (L) 10:30 Zumba (BL) 10:45—2:00 Lunch Bunch: Mandarin 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL)	13 2:00 Bingo (AR)
14 10:30 Coffee & Chats (BL) 2:00 Entertainment with Lesley Daly (L)	15 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Finish The Phrase (L) 3:30 Happy Hour (BL)	16 10:00 Chair Yoga (AR) 2:00 Entertainment with Kathy Wiles (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	17 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Just Us Jazz Band (L) 3:30 Happy Hour (BL)	18 10:00 Chair Yoga (AR) 10:30 Trinity Church (4th Floor) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	19 10:00 Spring Craft Group (AR) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L) 3:30 Happy Hour (BL)	20 2:00 Bingo (AR)
21 10:30 Coffee & Chats (BL)	22 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Make Your Own Smoothie (BL) 3:30 Happy Hour (BL)	23 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2:00 Men's Group (4th Floor) 3:30 Happy Hour (BL)	24 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 11:00 Book Club (Library) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Let's Travel: Paris! 3:30 Happy Hour (BL) 6:30 Entertainment with Eric L (L)	25 10:00 Chair Yoga (AR) 10:30 Catholic Church (TR) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	26 10:00 Trivia (L)  10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Afternoon In Paris Party (BL) 3:30 Happy Hour: Special Drink (BL)	27 2:00 Entertainment with Darlene & The Shamrockers (L) 2:00 Bingo (AR)
28 10:30 Coffee & Chats (BL)	29 9:30 Coffee & Tea (BL) 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Emilio (L) 3:30 Happy Hour (BL)	30 10:00 Chair Yoga (AR) 10:30 Residents Council (BL) 2:00 Bingo (AR) 3:30 Happy Hour (BL)				

ACTIVITY LOCATION LEGEND: AR - ACTIVITY ROOM BL - BAR LOUNGE L - LOBBY DR - DINING ROOM O - OUTDOORS TR - THEATRE ROOM