


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Exercise with Natalie 1 10:00 Tea Social 2:00 Movie Matinee - 13 Going on 30 3:30 1:1 Visits Black History Month	10:00 Active Games 2 2:00 Entertainment - Don Owen 3:00 Mindful Colouring Groundhog Day	9:30 Exercise with Natalie 3 10:30 Crafty Group - Valentines Day Craft 2:00 Name that Tune	10:30 Montessori Morning 4 2:00 Saturday Afternoon Movie
2:00 Entertainment - Don Owen 5	9:30 Exercise with Natalie 6 10:30 Puzzles 2:00 BINGO!	10:00 Current Events 7 2:00 Entertainment - Kathy Wiles 3:00 Mindful Colouring	9:30 Exercise with Natalie 8 10:00 Tea Social 2:00 Movie Matinee - Hachi a Dog's Tale 3:30 1:1 Visits	10:00 Sing Along 9 2:00 Entertainment - Sean Roberts 3:00 Reminiscing	9:30 Exercise with Natalie 10 10:00 Baking Group - Muffins 2:00 Arm Chair Travel - Costa Rica	10:30 Montessori Morning 11 2:00 Saturday Afternoon Movie
2:00 Entertainment - Don Owen 12	9:30 Exercise with Natalie 13 10:30 Puzzles 2:00 BINGO!	HAPPY VALENTINES DAY!!!! 14 10:00 Beauty Hour 2:00 Valentines Day Party Valentine's Day	9:30 Exercise with Natalie 15 10:00 Tea Social 2:00 Movie Matinee - Soul Surfer 3:30 1:1 Visits	10:00 Active Games 16 2:00 Entertainment - Don Owen 3:00 Mindful Colouring	9:30 Exercise with Natalie 17 10:30 Crafty Group - Design your own Scratch Art 2:00 Name that Tune	10:30 Montessori Morning 18 2:00 Saturday Afternoon Movie
2:00 Entertainment - Don Owen 19	NO EXERCISE TODAY 20 Jenna & Natalie Off Family Day	10:00 Trivia 21 2:00 Birthday Party & Entertainment - Kathy Wiles 3:00 Reminiscing Mardi Gras	9:30 Exercise with Natalie 22 10:00 Tea Social 2:00 Movie Matinee - It Takes Two 3:30 1:1 Visits Ash Wednesday	10:00 Sing Along 23 2:00 Arm Chair Travel - Germany	9:30 Exercise with Natalie 24 10:30 Baking Group - Cupcakes 2:00 Entertainment - Don Owen	10:30 Montessori Morning 25 2:00 Saturday Afternoon Movie
2:00 Entertainment - Don Owen 26	9:30 Exercise with Natalie 27 10:30 Puzzles 2:00 BINGO!	10:00 Beauty Hour 28 2:00 Day in History	 <h1>February 2023</h1>			