

Harmony December 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:45 Fun & Fitness with Rebecca (AR) 10:30 Boomer Visits (TV Room) 2:00 Afternoon Movie (TV Room) 6:15 Visit with the Sparks & Embers (PG side, Lobby) <i>Natalie Vacation</i>	2 10:00 Chair Yoga (TV Room) 10:30 Morning Meditation 2:00 Entertainment with Kathy Wiles (TV Room)	3 9:45 Fun & Fitness with Natalie (TV Room) 10:30 Christmas Trivia 2:00 Christmas Through the Decades (TV Room)	4 10:00 Who am I? (TV Room) 2:00 Entertainment with Jean Marc Leclerc (TV Room) <i>Rebecca's Last Day</i>	5 10:00 Zumba! (TV Room) 2:00 Music Therapist Visit (TV Room) 	6 10:00 Coffee, Colouring, and Activity Booklets 2:00 Afternoon Movie & Sensory Bin Exploration
	7 10:00 Coffee, Colouring, and Activity Booklets 2:00 Entertainment with Don Owen (TV Room)	8 9:45 Fun & Fitness with Natalie (AR) 10:30 Boomer Visits (TV Room) 2:00 The “Christmas or Winter” Game (TV Room)	9 10:00 Chair Yoga (TV Room) 2:00 Afternoon Christmas Movie & Sensory Bin Exploration	10 9:45 Fun & Fitness with Natalie (TV Room) 2:00 Decorate Your Walker for Christmas! 6:30 Entertainment with Deidrey F (Lobby, PG side)	11 10:00 Christmas Collage Making! (Kitchen) 2:00 Afternoon Christmas Movie & Sensory Bin Exploration 	12 10:00 Zumba! (TV Room) 2:00 Entertainment with Ian B (TV Room) 6:30 Visit from the Northumberland Players: Christmas Show! (Lobby, PG side) 
14 10:00 Coffee, Colouring, and Activity Booklets 2:00 Entertainment with Don Owen (TV Room)	15 9:45 Fun & Fitness with Natalie (AR) 10:30 Boomer Visits (TV Room) 2:00 Christmas Popcorn Stringing & Ornament Creation (Kitchen)	16 10:00 Chair Yoga (TV Room) 10:30 Alphabet Artist (TV Room) 2:00 Entertainment with Ray Herbert (TV Room)	17 9:45 Fun & Fitness with Natalie (TV Room) 2:00 Who’s that Christmas Character? (TV Room)	18 10:00 Finish the Christmas Phrase! (TV Room) 10:30 Christmas Mad-Libs (TV Room) 2:00 Entertainment with Sean R (TV Room)	19 10:00 Zumba! (TV Room) 2:00 Music Therapist Visit (TV Room)	20 10:00 Coffee, Colouring, and Activity Booklets 2:00 Afternoon Movie & Sensory Bin Exploration
21 10:00 Coffee, Colouring, and Activity Booklets 2:00 Entertainment with Don Owen (TV Room)	22 9:45 Fun & Fitness with Natalie (AR) 10:30 Boomer Visits (TV Room) 2:00 Beauty Hour (Kitchen)	23 10:00 Hymn Sign (TV Room) 10:30 Catholic Church Service (TV Room) 2:00 Afternoon Movie & Sensory Bin Exploration	24 10:00 Coffee, Colouring, and Activity Booklets 2:00 Afternoon Movie & Sensory Bin Exploration <i>Natalie Vacation</i>	25 Christmas Day—Staff Holiday 	26 Boxing Day—Staff Holiday 10:00 Zumba! 	27 10:00 Coffee, Colouring, and Activity Booklets 2:00 Afternoon Movie & Sensory Bin Exploration 2-4 Free Paramedicine Clinic (PG side, BL)
28 10:00 Coffee, Colouring, and Activity Booklets 2:00 Entertainment with Don Owen (TV Room)	29 10:30 Boomer Visits (TV Room) 2:00 Art Therapy with Christy! (Kitchen) <i>Natalie Vacation</i>	30 10:00 Coffee, Colouring, and Activity Booklets 2:00 Afternoon Movie & Sensory Bin Exploration <i>Natalie Vacation</i>	31 10:00 Coffee, Colouring, and Activity Booklets 2:00 Afternoon Movie & Sensory Bin Exploration <i>Natalie Vacation</i>			