

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10am Fun & Fitness 10:30am Word Webs 2pm Bean Bag Toss	2 10am Zumba! 10:30am What came first? 2pm Music Therapy	3 10am Bingo 2pm Independent Activities
4 10am Activity Booklets 2pm Entertainment with Don Owen	5 10am Boomer Visits 10:30am Chair Yoga 2pm Beauty Hour	6 10am Fun & Fitness 10:30am Fall Word Webs 2pm Thanksgiving Bingo	7 10am Music & Movement 10:30am Guess the fall scent 2pm Entertainment with Ian B	8 10am Fun & Fitness 10:30am A Turkey Tale 2pm Price is Right Thanksgiving Edition	9 10am Zumba! 10:30am I'm Thankful for... 2pm Music Therapy	10 10am Bingo 2pm Independent Activities
11 10am Activity Booklets 2pm Entertainment with Don Owen	12 10am Boomer Visits 2pm Movie Afternoon Thanksgiving Stat	13 10am Fun & Fitness 10:30am Never Have I Ever 2pm Jeopardy	14 10am Music & Movement 10:30am Sing-along 2:30pm Noodle Balloon	15 10am Chair Yoga 10:30am Hand Massage 2pm Fall Walks & Apple Cider	16 10am Zumba! 10:30am 1:1 Visits 2pm Music Therapy	17 10am Bingo 2pm Independent Activities
18 10am Activity Booklets 2pm Entertainment with Don Owen	19 10am Boomer Visits 10:30am Chair Yoga 2pm Entertainment with Darlene B	20 10am Fun & Fitness 10:30am Hand Massages 2pm Apple Tasting	21 10am Music & Movement 10:30am Guess that Fall Sound 2pm Entertainment with Sean Roberts	22 10am Fun & Fitness 10:30am Hymn Sing 2pm Arm Chair Travel	23 10am Zumba! 10:30am Catholic Mass 2pm Halloween Craft	24 10am Bingo 2pm Independent Activities
25 10am Activity Booklets 2pm Entertainment with Don Owen	26 10am Boomer Visits 10:30am Chair Yoga 2pm Entertainment with Deidrey (Lobby)	27 10am Fun & Fitness 10:30am Harvest Reminiscing 2pm Entertainment with Kathy Wiles	28 10am Monster Mash Seated Dance 10:30am Finish the Phrase 2pm Entertainment with Darlene M	29 10am Fun & Fitness 10:30am Halloween Trivia 2pm Pumpkin Painting	30 10am Zumba! 10:30am Spooky Story 2pm Music Therapy	31 10am Bingo 2pm A Halloween Movie! Happy Halloween!