

# September 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## Palisade Gardens Activity Calendar!

Check out all the FUN events we have planned for September 2023!

Extension #228 For any questions regarding programs happening this month.

								10:30 ZUMBA (BL) 1 11:00 Paraffin Hand Wax (AR) 1:30 Card Group (AR) 2:00 Entertainment Ed Smith	2 10:30 Activity Booklets on Front Table 2:00 B I N G O (AR)
10:30 Coffee & Chats (BL) 2:00 Let's Play Darts (AR)	3 1:30 Card Group (AR) 2:00 Entertainment Corby K  Natalie Off No Happy Hour Today Labour Day Holiday	4 10:00 Chair Yoga (AR) 11-2 Pop Up Shopping Bling it On (L) 2:00 Craft Group Fall Décor (AR) 2:00 Men's Club (4 <sup>th</sup> L)	5 10:30 Fun & Fitness (AR) 11:00 Book Club (L) 1:30 Card Group (AR) 6:00 Let's Play Pool (4 <sup>th</sup> L)	6 10:00 Chair Yoga Danielle's 7 Last Day (AR) 1:30 B I N G O (AR) 2:00 Entertainment JV Music				10:30 ZUMBA (BL) 8 11:00 Learn Gym Equipment (AR) 1:30 Card Group (AR)	9 10:30 Activity Booklets on Front Table 2:00 Entertainment Michael McConnel
Happy Grandparents Day 2:00 Entertainment Garry B	10 10:30 Fun & Fitness (AR) 1:30 Card Group (AR) 6:30 Entertainment Diedrey F	11 10:00 1:1 Visits 2:00 Painting with Natalie (AR) (Sign-Up) 6:30 Movie Night & Popcorn (T)	12 930-1130 Hearing Aid 1130 Cleaning Clinic (BL) Sign Up 10:30 Fun & Fitness (AR) 12-2 Pop Up Shopping Tocara (L) 1:30 Card Group (AR) 2:00 St Peter's Church (4 <sup>th</sup> L)	13 10:00 Activity Meeting (AR) 2:00 Entertainment Eric L  No use of Activity Room Today / Or Bingo	14			10:30 ZUMBA (BL) 15 11:00 Paraffin Hand Wax (AR) 1:30 Card Group (AR) 2:00 Entertainment Laurence Marks	16 10:30 Activity Booklets on Front Table 2:00 B I N G O (AR)
10:30 Coffee & Chats (BL) 2:00 Entertainment Brian M	17 10:30 Fun & Fitness (AR) 1:30 Card Group (AR) 2:00 Entertainment Sean Roberts	18 10:00 Outside Strolls 2:00 Karaoke Sing Along (BL) 2:00 Men's Club (4 <sup>th</sup> L)  No use of Activity Room Today	19 10:30 Fun & Fitness (AR) 1:30 Card Group (AR) 2:00 Entertainment Michael T 6:00 Let's Play Pool (4 <sup>th</sup> L)	20 10:00 Baking Group (AR) 10:00 Trinity Church (4 <sup>th</sup> L) 1:30 B I N G O (AR)	21			10:30 ZUMBA (BL) 22 11:00 Learn Gym Equipment (AR) 1:30 Card Group (AR)	23 10:30 Activity Booklets on Front Table 2:00 B I N G O (AR)
10:30 Coffee & Chats (BL) 2:00 Let's Play Darts (AR)	24 10:30 Fun & Fitness (AR) 1:30 Card Group (AR) 2:00 Entertainment Hal Allison	25 10:30 Resident Council Meeting (BL) 4:00 TCS Students Begin Volunteering (Sign-up)	26 10:30 Fun & Fitness (AR) 11:00 Book Club (L) 1:30 Card Group (AR) 2:00 Entertainment Darlene M	27 10:00 1:1 Visits 10:30 Catholic Church (T) 1:30 PRIZE B I N G O (AR) 3:30 Happy Hour \$1 Off First Drink!	28			10:30 ZUMBA (BL) 29 1:30 Card Group (AR) 2:00 Entertainment Birthday Party with Emilio	30 10:30 Activity Booklets on Front Table 2:00 B I N G O (AR)