



# Harmony December 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 <b>2:00 Entertainment With Don Owen</b>	2 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Sing-A-Long	3 10:00 Stretching Class 10:30 Trivia <b>2:00 Hallway Bowling</b>	4 9:30 Fun & Fitness 10:00 Boomer Visits <b>10:15 Christmas Categories</b> 2:00 Harmony Bingo	5 10:00 Chair Yoga 10:30 Friendly Chats <b>2:00 Let's Travel: Ancient Rome</b>	6 Ashley Off 10:00 Bean Bag Toss Davia <b>1:30 Beauty Hour with Davia</b>	7 10:00 Coffee & Coloring 2:00 Afternoon Movie	
8 <b>2:00 Entertainment With Don Owen</b>	9 Natalie Off 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Finish The Phrase with Davia <b>2:00 Hallway Bowling</b>	10 Natalie Off 10:00 Stretching Class 10:30 Trivia <b>2:00 Entertainment With Kathy Wiles</b>	11 Natalie Off 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Puzzles with Davia <b>2:00 Christmas Tea</b>	12 Natalie Off 10:00 Chair Yoga 10:30 Friendly Chats <b>1:30 Afternoon Relaxing Music and Hand Massages with Davia</b>	13 Natalie Off 10:00 Morning Indoor Strolls <b>2:00 Entertainment With Ian B</b>	14 Ashley Working <b>10:00 Christmas Caroling</b> 2:00 Afternoon Movie	
15 <b>2:00 Entertainment With Don Owen</b>	16 <b>Christmas Spirit Week: Wear Red</b> 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Card Games	17 <b>Christmas Spirit Week: Ugly Christmas Sweater</b> 10:00 Stretching Class 10:30 Trivia 2:00 Entertainment With Lawrence Marks	18 <b>Christmas Spirit Week: Christmas Socks</b> 9:30 Fun & Fitness 10:00 CR Gummow Visit 2:00 Christmas Party!	19 <b>Christmas Spirit Week: Holiday Headwear</b> 10:00 Hymn Sing 10:30 Catholic Service 2:00 Entertainment With Don Owen	20 Natalie Off <b>Christmas Spirit Week: Wear Your Favourite Holiday Colour</b> 10:00 Beauty Hour <b>2:00 Entertainment With Ed Smith (O)</b>	21 10:00 Coffee & Coloring 2:00 Afternoon Movie	
22 <b>2:00 Entertainment With Don Owen</b>	23 Ashley & Davia Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Christmas Card Making	24 Ashley & Davia Off 10:00 Christmas Trivia <b>10:30 Christmas Eve Christmas Caroling with Eggnog</b>	25 	26 	27 Ashley & Davia Off 10:00 Chair Yoga 10:30 Reminiscing <b>2:00 Entertainment With Emilio</b>	28 10:00 Coffee & Coloring 2:00 Afternoon Movie	
29 <b>2:00 Entertainment With Don Owen</b>	30 Ashley & Davia Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Beauty Hour	31 Davia Off <b>10:00 New Years Eve Harmony Bingo</b>					