

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10am Chair Yoga (AR) 10:45am Activity Meeting (BL) 1 1:30-2:30pm Donuts to Celebrate Kitty and Jim's 70 th Anniversary (BL) 1:45pm Beauty Hour (LIB) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	10am Fun & Fitness (AR) 10:30am Library Committee (LIB) 2 11am BookClub (LIB) 2pm Bingo (AR) 2:15pm Tai Chi (BL) 3pm Pet Therapy with Dixie (L) 3:30pm Happy Hour (BL)	10am Chair Yoga (AR) 3 10:45am Creative Writing (LIB) 2pm Apple Pie Taste Testing 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	9am Walking Club (L) 4 10am Bus Outing: Big Apple 10:35am Zumba! (BL) 2pm Multi-Cultural Show (Courtyard) 3:30pm Happy Hour (BL)	2pm Bingo (AR) 5 3:30pm BYOB Happy Hour (BL)
3:30pm BYOB Happy Hour (BL) 6	10am Pet Therapy with Boomer 7 1pm Euchre (AR) 2pm Don Owen (L) 3:30pm Happy Hour (BL) Labour Day	10am Chair Yoga (AR) 8 11am Guest Speaker: Fire Inspector (RENTAL UNITS ONLY) (BL) 2pm Jeopardy (L) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	10am Fun & Fitness (AR) 10:30am Library Committee (LIB) 9 11-2pm Vendor: Sassy Silver (L) 2pm Bingo (AR) 2pm Sean Roberts (L) 3pm Pet Therpay with Dixie (L) 3:30pm Happy Hour (BL)	10am Chair Yoga (AR) 10 10:30am Anglican Church (4 th Floor) 2pm DrumFit (AR) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	9am Walking Club (L) 11 10:35am Zumba! (BL) 1pm Euchre (AR) 2pm Entertainment with Eric L (L) Kaitlyn Off	2pm Bingo (AR) 12 3:30pm BYOB Happy Hour (BL)
2pm Entertainment with Ray H (L) 13 3:30pm BYOB Happy Hour (BL) Happy Grandparents Day!	10am Fun & Fitness (AR) 14 10am Pet Therapy with Boomer 2pm Bingo (AR) 2pm Entertainment with Michael T (L) 3:30pm Happy Hour (BL) Kaitlyn Off	10am Chair Yoga with Kaitlyn (AR) 15 1:45pm Beauty Hour (LIB) 2pm Euchre (BL) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	10am Fun & Fitness (AR) 16 10:30am Library Committee (LIB) 11-2pm Vendor: Linda Mash Soap (L) 2pm DrumFit (BL) 2pm Bingo (AR) 3pm Pet Therapy with Dixie (L) 3:30pm Happy Hour (BL)	10am Chair Yoga (AR) 17 10-11:30am Hearing Aid Clinic (LIB) 10:45am Creative Writing (LIB) 2pm Guest Speaker: Fire Inspector (CONDO UNITS ONLY) (BL) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	9am Walking Club (L) 18 10:35am Zumba! (BL) 1pm Euchre (AR) 2pm Entertainment with Brian & Lee (L) 3:30pm Happy Hour (BL)	2pm Bingo (AR) 19 3:30pm BYOB Happy Hour (BL)
3:30pm BYOB Happy Hour (BL) 20	10am Pet Therapy with Boomer 21 10am Fun & Fitness (AR) 2pm Bingo (AR) 2pm Entertainment with Emilio (L) 3:30pm Happy Hour (BL)	10am Chair Yoga (AR) 22 11-2pm Vendor: Karen's Confection Corner (L) 2pm Fall Movie: The Sound of Music (TR) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	10am Fun & Fitness (AR) 23 10:30am Guest Speaker: MPP David Piccini (BL) 11am Bus Outing: Rolling Grape Winery 2pm Prize Bingo (AR) 3pm Pet Therapy with Dixie (L) 3:30pm Happy Hour (BL)	10am Chair Yoga (AR) 24 2pm Octoberfest Celebration with Rich Hubrick (L) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	9am Walking Club (L) 25 10am Catholic Mass (TR) 10:35am Zumba! (BL) 1pm Euchre (AR) 2pm Birthday Party with Ed Smith (L) 3:30pm Happy Hour (BL)	2pm Bingo (AR) 26 3:30pm BYOB Happy Hour (BL)
3:30pm BYOB Happy Hour (BL) 27	10am Pet Therapy with Boomer 28 10am Fun & Fitness (AR) 2pm Bingo (AR) 2pm Entertainment with Darlene M (L) 3:30pm Happy Hour (BL)	10am Chair Yoga (AR) 29 10:30am Resident Council Meeting (BL) 2pm Paint and Sip (BL) *Sunflowers* 2pm Falls Prevention (AR) 3:30pm Happy Hour piano with Marianne Marusic (BL)	10am Fun & Fitness (AR) 30 10:30am Library Committee (LIB) 11am Book Club (LIB) 2pm Bingo (AR) 2:15pm Tai Chi (BL) 3pm Pet Therapy with Dixie (L) 3:30pm Happy Hour (BL)			