














Happy Hour every Monday-Friday in the BL from 3:30 to 4:45

September 2025

Shuttle Bus Tues & Thurs
9:30-12 & 1-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:00 Boomer Visits 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 New Entertainment with Darlene Brooks (L) <i>Labor Day: Natalie off</i>	2 10:00 Chair Yoga (AR) 10:40 Activity Meeting with Natalie (BL) 2:00 Bingo (AR) <i>Rebecca Vacation</i>	3 10:30 Fun & Fitness (AR)  11:10 Book Club (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Don Owen (L) 6:30 Carol's Movie Night (BL)	4 10:00 Chair Yoga (AR) 6:30 Sing-A-Long with Betty Taylor (L) <i>Rebecca Vacation</i> 	5 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Pictionary (BL) 6:30 Entertainment with James S (L)	6 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)
7 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)	8 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Michael T (L)	9 10:00 Chair Yoga (AR) 10:40 Creative Writing Club (LIB) 2:00 Bingo (AR) 7:30 Cobourg Pipe Band (Outside Courtyard)	10 10:30 Fun & Fitness (AR) 10-1 New Vendor: Linda Mash's Artisan Soaps and Face Creams (L) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 New Entertainment with Howard Lopez (L) 6:30 Carol's Movie Night (BL)	11 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty Taylor (L) 	12 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 1:45 Chocolatier Workshop (BL)	13 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL) 
14 2:00 Entertainment with Darlene (L) 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL) 	15 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:15 Tai Chi with Cindy (BL)	16 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 6:30 Entertainment with Eric L (L) 	17 10:30 Fun & Fitness (AR) 12-2 Tocara Jewelry Pop-Up (L) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00-3:30 Corn Roast & Line Dancing Performance! (BL) 6:30 Carol's Movie Night (BL)	18 10:00 Chair Yoga (AR) 10:30 Anglican Church (4th Floor) 2:00 Prize Bingo! (AR) 6:30 Sing-A-Long with Betty Taylor (L)	19 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Jeopardy! (L)	20 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)
21  10:30 Visit to the Rolling Grape Winery for Brunch (sign up required) 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)	22 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 1-3 Sarah the Reflexologist Visits (Small room by front desk)	23 10:00 Chair Yoga (AR) 10-11:30 Hearing Aid Clinic (small room by reception) 10:40 Creative Writing Club (LIB)	24 10:30 Fun & Fitness (AR) 11:00 Book Club (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 "Taboo" with Eugene! (L) 6:30 Carol's Movie Night (BL)	25 10:00 Catholic Church (TR) 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty Taylor (L)	26 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L)	27  2-4 Free Paramedicine Clinic (BL) 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)
28 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)	29 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Emilio	30 10:00 Chair Yoga (AR) 10:30 Resident's Council (BL) 2:00 Bingo (AR) 2:00 Entertainment with the "Ukaladies" (L)				

LIB—Library