





**Exercise with Natalie is M, W, F
10:00 & 10:30 in the Bar Lounge**

JULY 2022

**Shuttle Bus Tues & Thurs
9:30-12 & 1-3:30**

Sun	Mon	Tue	Wed	Thu	Fri 	Sat
	Tuesday/Thursdays Falls Prevention Class bar lounge at 9:30 am followed by Chair Yoga at 10:45am	JULY IS NATIONAL.. ~ICE CREAM MONTH ~WATERMELON MONTH ~PARKS & RECREATION MONTH ~PICNIC MONTH		1 CANADA DAY  10:00 Canadian Trivia in the courtyard 2:00 Canada Day Party & Entertainment with Corby Kemp in the Courtyard	2 2:00 Entertainment with Tony Puglisi	
3 2:00 Cribbage (Bar Lounge)	4 11 -Computer Info with Bill 2:00 Family Feud 1:30 Cards & Scrabble 3:30- Happy Hour	5 10:30 Morning Walking Group 1:30 Movie Matinee 2:00 - Bingo 3:30- Happy Hour	6 1:30 Cards & Scrabble 2:00 Entertainment with Robert D'Cruz 3:30 Happy Hour	7 9:30 Coffee/Tea & Timbits 10:30 Painting with Natalie 2:00 Entertainment with Deidrey 3:30- Happy Hour 6:30 Sing-a-long	8 1:30 Cards & Scrabble 2:00 Shuffleboard & Outdoor Games 3:30- Happy Hour	9 2:00 - Bingo 6:30 Movie Night
10 2:00 Bid Euchre (Bar Lounge)	11 10:30 You Be The Judge 11 -Computer Info with Bill 1:30 Cards & Scrabble 2:00 Entertainment with Darren Bailey 3:30- Happy Hour	12 10-2 Outing to Lansdowne Place & Red Lobster (Sign Up) 1:30 Movie Matinee 2:00 - Bingo 3:30- Happy Hour	13 1:30 Cards & Scrabble 2:00 Caribbean Party in the Courtyard with Ken Lewis (Steel Drums) 3:30- Happy Hour	14 9:30 Coffee/Tea & Timbits 10:30 Creative Corner 2:00 Entertainment with Jay V 3:30- Happy Hour 6:30 Sing-a-long	15 Camping at Palisades 1:30 Cards & Scrabble 2:00 Camping Games in the Courtyard 3:30- Happy Hour on the patio 6:30 Campfire & S'mores in the courtyard	16 10:45 Coffee & Trivia on the patio 2:00 Entertainment with Ed Smith 6:30 Movie Night
17 2:00 Cribbage (Bar Lounge)	18 10:30 You Be The Judge 11 -Computer Info with Bill 1:30 Cards & Scrabble 2:00 Entertainment with Joe Piano 3:30- Happy Hour	19 10:30 Coffee/Tea in the courtyard 12:00 Picnic at the Beach 1:30 Movie Matinee 2:00 - Bingo 3:30- Happy Hour	20 1:30 Cards & Scrabble 2:00 Entertainment with Eric Lambier 3:30- Happy Hour	21 9:30 Coffee/Tea & Timbits 10:30 Creative Corner 2:00 - Watermelon Social in the courtyard 3:30- Happy Hour 6:30 Sing-a-long	22 11:00 Coffee & Trivia 1:30 Cards & Scrabble 2:00 Shuffleboard & Outdoor Games 3:30- Happy Hour	23 10:45 Family Feud 2:00 - Entertainment with Darlene 6:30 Movie Night
24 2:00 Bid Euchre (Bar Lounge)	25 10:30 You be the Judge 11- Computer Info with Bill 1:30 Cards & Scrabble 2:00 Entertainment with Emilio 3:30 Happy Hour	26 10:30 Morning Walking Group 1:30 Movie Matinee 2:00 - Poutine Bar & Canadian Trivia 3:30- Happy Hour	27 1:30 Cards & Scrabble 2:00 Ice Cream Floats in the Courtyard 3:30- Happy Hour 6:30 Entertainment with Kathy Wiles	28 9:30 Coffee/Tea & Timbits 10:00 Catholic Mass - Theater Room 10:30 Creative Corner 2:00 Bingo 3:30- Happy Hour 6:30 Sing-a-long	29 11:00 Coffee & Trivia 1:30 Cards & Scrabble 2:00 Entertainment with Paddy Cauley 3:30- Happy Hour	30 2:00-Bingo 6:30 Movie Night
31 2:00 Cribbage (Bar Lounge)	JULY BIRTHDAYS: 2nd- Pat Anderson 12th- Alice Buttke 14th- Jeanine Fitzgerald 20th- Faye Haddow 27th- Jeane Smith 8th- Al Thompson 12th- Evelyn Phillips 17th- Helen Parsons 26th- Leela McAllister					

Happy Birthday