

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
3:30pm BYOB Happy Hour (BL)	10am Boomer Visits 1pm Euchre (AR) 2pm Entertainment with Don Owen (L) Civic Holiday	9am Walking Club (L) 10am Chair Yoga (AR) 10:45am Activity Meeting (BL) 1:45pm Beauty Hour (LIB) 2pm Bingo (BL) 2pm Falls Prevention (AR) 2-4pm Jane's British Shop (L) 3:30pm Happy Hour (BL)	9:30am Fun & Fitness (AR) 1pm Euchre (AR) *2pm Bus Outing: Come from Away 2pm Entertainment with Jimmy's Old Time Radio 3:30pm Happy Hour (BL)	10am Chair Yoga (AR) 10:45am Creative Writing (LIB) 2pm Guest Speaker "Nicole Beatty Mayoral Candidate" (BL) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	9am Walking Club (L) 10:35am Zumba! (BL) 2pm Bingo (AR) 3:30pm Happy Hour (BL)	3:30pm BYOB Happy Hour (BL) 6:30pm Entertainment with Sean Roberts (L)
9	10	11	12	13	14	15
3:30pm BYOB Happy Hour (BL)	9:30am Fun & Fitness (AR) 10am Boomer Visits 2pm Bingo (AR) 3:30pm Happy Hour (BL)	9am Walking Club (L) 10am Chair Yoga (AR) 2pm Jeopardy (L) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	9:30am Fun & Fitness (AR) 2pm Bingo (AR) 2:15pm Tai Chi (BL) 3:30pm Happy Hour (BL)	NO CHAIR YOGA 2pm DrumFit (BL) NO FALLS PREVENTION 3:30pm Happy Hour (BL)	9am Walking Club (L) 10:35am Zumba! (BL) 1pm Euchre (AR) 1pm Corn Husking (Courtyard) 2pm Entertainment Everything Country (L) CORN ROAST	2pm Bingo (AR) 3:30pm BYOB Happy Hour (BL)
16	17	18	19	20	21	22
3:30pm BYOB Happy Hour (BL)	9:30am Fun & Fitness 10am Boomer Visits 2pm Entertainment with Michael T (L) 3:30pm Happy Hour (BL) Natalie Off	9am Walking Club (L) 10am Chair Yoga (AR) 1:45pm Beauty Hour (LIB) 2pm BlackJack (BL) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL) Natalie Off	9:30am Fun & Fitness (AR) 2pm Entertainment with Bob & Lee (L) 2pm Bingo (AR) 3:30pm Happy Hour (BL) Natalie Off	10am Chair Yoga (AR) 10:45am Creative Writing (LIB) 2pm Guest Speaker Series "Alzheimer's Society - Healthy Brains" (BL) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL) Natalie Off	9am Walking Club (L) 10:35am Zumba! (BL) 1pm Euchre (AR) 2pm Entertainment with Terry M (L) 3:30pm Happy Hour (BL) Natalie Off	2pm Entertainment with Jim Matthews (L) 2-4pm Paramedicine Clinic (BL) 3:30pm BYOB Happy Hour (BL)
23	24	25	26	27	28	29
3:30pm BYOB Happy Hour (BL)	10am Boomer Visits 9:30am Fun & Fitness (AR) 2pm Bingo (AR) 2pm Entertainment with The Kreakers (L) 3:30pm Happy Hour (BL)	9am Walking Club (L) 10am Chair Yoga (AR) 2pm How to Play Euchre (BL) 2pm Falls Prevention (AR) 3:30pm Happy Hour piano with Marianne Marusic (BL)	9:30am Fun & Fitness (AR) 10am Bus Outing: Parkwood National Historic Site 12-2pm Tocara Jewelry (L) 2pm Bingo (AR) 2:15pm Tai Chi (BL) 3:30pm Happy Hour (BL)	10am Chair Yoga (AR) 2pm DrumFit (BL) 2pm Falls Prevention (AR) 3:30pm Happy Hour (BL)	9am Walking Club (L) 10am Catholic Mass (TR) 10:35am Zumba! (BL) 1pm Euchre (AR) 2pm Birthday party with Ed Smith (L) 3:30pm Happy Hour (BL)	2pm Bingo (AR) 3:30pm BYOB Happy Hour (BL)
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3:30pm BYOB Happy Hour (BL)	10am Boomer Visits 9:30am Fun & Fitness (AR) 2pm Bingo (AR) 2pm Entertainment with Darlene M (L) 3:30pm Happy Hour (BL)					



AUGUST 2026