

Exercise with Natalie is M, W
 10:30 in the Activity Room
Happy Hour every Monday-Friday in the BL from 3:30 to 4:45

August 2025

Shuttle Bus Tues & Thurs
 9:30-12 & 1-3:30

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 New Entertainment with Brian & Lee (L)	2 3:30 BYOB Happy Hour (BL)
3 3:30 BYOB Happy Hour (BL)	4 Civic Holiday 3:30 BYOB Happy Hour (BL) Natalie Off	5 10:00 Chair Yoga (AR) 10:45 Activity Meeting (BL) 2:00 Bingo (AR)	6 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Don Owen (L)	7 10:00 Chair Yoga (AR) 10:45 Beauty Hour (AR) 11:30 Swiss Chalet Order-In Lunch (sign up at reception) (BL) 2:00 Bingo (AR)	8 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:15 Tai Chi with Cindy (BL)	9 2:00 Entertainment with Everything Country (L) 3:30 BYOB Happy Hour (BL)
10 3:30 BYOB Happy Hour (BL)	11 10:00 Boomer Visits 10:30 Fun & Fitness with Rebecca (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Darlene (L) Natalie Vacation	12 10:00 Chair Yoga (AR) 10:40 Creative Writing Club (LIB) 2-4 Jane’s British Shop (L) Natalie Vacation	13 10:30 Fun & Fitness with Rebecca (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Blake Payne the Psychic Medium (LIB) (sign up at reception) Natalie Vacation	14 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL) Natalie Vacation	15 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Michael T (L)	16 3:30 BYOB Happy Hour (BL) 6:00 Visit to Kawartha Downs Horse Racing Track! (sign up at reception)
17 3:30 BYOB Happy Hour (BL)	18 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Terry Maxwell (L)	19 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2:00 Scrabble Group (BL)	20 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Eric Lambier (L)	21 10:00 Chair Yoga (AR) 12-2:00 Tocara Jewelry Vendor (L) 2:00 Bingo (AR)	22 10:30 Visit to Golf Course 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ron the Magician (L)	23 2-4pm Free Paramedicine Clinic (BL) 3:30 BYOB Happy Hour (BL)
24 3:30 BYOB Happy Hour (BL)	25 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Lee & Bob “Unrehearsed” (L)	26 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL) Rebecca Vacation	27 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with The Kreakers (Outside Patio, weather permitting) Rebecca Vacation	28 10:00 Chair Yoga (AR) 10:00 Catholic Church Service (TR) 3:30 Happy Hour (BL) Rebecca Vacation	29 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L) Rebecca Vacation	30 3:30 BYOB Happy Hour (BL)
31 BYOB Happy Hour						