

March 2023

			1 10:30 Exercise with Natalie 11:00 Book Club - NEW 2:00PM Entertainment - Hal Allison	2 10:30 Chair Yoga 11:00 Activity Booklets 2:00 B I N G O - BL	3 10:30A Zumba with Thelma 11:00 Trivia & Timbits - BL 2:00PM Entertainment - Ed Smith	4 2:00 B I N G O - BL 6:30 Saturday Movie Night - "Here Comes the Boom" - T
5 2:00 Card Group	6 10:30 Exercise with Natalie 11:00 Craft Group 11:00 Tech Support with Bill 2:00PM Entertainment - Corby K Purim Begins	7 10:30 Chair Yoga 1:30 Movie Matinee - "Home Team" 2:00PM Story Time with Ray H 2:00 B I N G O - BL 2:00 Men's Club 6:30 Card Group	8 10:30 Exercise with Natalie 11:00 Knitting Group - NEW 2:00PM Entertainment - Don Owen International Women's Day	9 <u>No Bingo Today</u> 10:30 Chair Yoga 11:00 Activity Booklets 2:00PM Entertainment - Filipa Sousa	10 10:30A Zumba with Thelma 2:00 Activity Meeting with Jenna & Natalie - BL 4:30 Order In KFC (SIGNUP) - BL	11 <u>No Bingo Today</u> 2:00PM Entertainment -Mike McConnel 6:30 Saturday Movie Night - "Maid of Honor" - T
12 2:00 Card Group Daylight Saving Time Begins	13 10:30 Exercise with Natalie 11:00 Tech Support with Bill 11:00 Baking Group - Banana Bread	14 10:30 Chair Yoga 1:30 Movie Matinee "The Pursuit of Happiness" - T 2:00PM Entertainment - Eric L 6:30 Card Group <u>No Bingo Today</u>	15 10:30 Exercise with Natalie 1:30 WINE TASTING - (SIGNUP @ FRONT DESK)	16 10:00 Trinity Church 10:30 Chair Yoga 11:00 Activity Booklets 2:00PM Entertainment - Wind of Change <u>No Bingo Today</u>	17 10:30A Zumba with Thelma 11:00 Family Feud & Timbits - BL 2:00PM St Patrick's Day Party & Entertainment - Laurence Marks St. Patrick's Day	18 2:00 B I N G O - BL 6:30 Saturday Movie Night - "Soul Surfer" -T
19 2:00 Ladies Tea - BL (SIGN UP @ FRONT DESK) 2:00 Card Group	20 10:30 Exercise with Natalie 11:00 Tech Support with Bill 11:00 Craft Group 2:00PM Entertainment - Sean Roberts Spring Begins	21 10:30 Chair Yoga 1:30 Movie Matinee - "Bird Box" - T 2:00 B I N G O - BL 2:00 Men's Club 6:30 Card Group	22 10:30 Exercise with Natalie 11:00 Knitting Group - NEW 2:00PM Entertainment - Deidrey Francis Ramadan Begins	23 10:00A Catholic Church 10:30 Chair Yoga 11:00 Activity Booklets 2:00 B I N G O - BL	24 10:30A Zumba with Thelma 11:00 Words of Advice for the Younger Generation - L 2:00PM Entertainment - Robert D'Cruz	25 2:00 B I N G O - BL 6:30 Saturday Movie Night - "YES DAY" - T
26 2:00 Card Group	27 10:30 Exercise with Natalie 11:00 Tech Support with Bill 11:00 Baking Group - Cupcakes 2:00PM Birthday Party & Entertainment - Hal Allison	28 10:30 Residents Council Meeting - BL 1:30 Movie Matinee - "Red" - T 2:00 B I N G O - BL 6:30 Card Group	29 10:30 Exercise with Natalie 11:00 Book Club - NEW 2:00PM Entertainment - Darlene & Shamrock 6:30 Cobourg Girl Guide's Visit	30 10:30 Chair Yoga 11:00 Activity Booklets 1:00-3:00 Pop up Shopping Tocara Jewelry with Marcia McMaster -L 2:00 B I N G O - BL	31 10:30A Zumba with Thelma 11:00 Trivia & Timbits - BL 2:00PM Entertainment - Emilio	