




Harmony July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 	2 Ash Off 10:00 Gardening Group 2:00 Entertainment with Kathy Wiles	3 9:30 Fun & Fitness 10:15 Interesting Fun Facts 2:00 Root Beer Floats on the Patio	4 10:00 Outdoor Strolls 2:00 Social on the Patio	5 9:30 Chair Yoga 2:30 Sing-A-Long	6 10:00 Coffee and Coloring 2:00 Afternoon Movie
7 2:00 Entertainment with Don Owen	8 Ash Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Balloon Volleyball	9 Ash Off 10:00 Gardening Group	10 Ash Off 9:30 Fun & Fitness 2:00 Entertainment with Emilio	11 Ash Off 10:00 Outdoor Strolls	12 Ash Off 10:00 Chair Yoga 2:00 Entertainment with Ian B	13 10:00 Sing-A-Long 2:00 Afternoon Movie
14 2:00 Entertainment with Don Owen	15 Ash Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Card Games	16 9:30 Gardening Group 2:00 Stretching Class	17 9:30 Fun & Fitness 10:15 Harmony Bingo 2:00 Dice Game	18 10:00 Outdoor Strolls 2:00 Hawaiian Party and Entertainment with Don Owen	19 Nat Off 10:00 Chair Yoga 2:00 Entertainment with Ed Smith (O)	20 10:00 Coffee and Coloring 2:00 Afternoon Movie
21 2:00 Entertainment with Don Owen	22 Nat Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Baking Group	23 10:00 Gardening Group 2:00 Craft Group	24 9:30 Fun & Fitness 10:15 Conversation Catch	25 10:00 Outdoor Strolls 2:00 Social on the Patio	26 9:45 Olympic Opening Ceremonies 10:00 Chair Yoga 2:00 Olympic Games (O)	27 10:00 Trivia 2:00 Afternoon Movie
28 2:00 Entertainment with Don Owen	29 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Sing-A-Long	30 10:00 Gardening Group 2:00 Stretching Class	31 9:30 Fun & Fitness 10:15 Harmony Bingo 2:00 Entertainment with Lawrence Marks	