

Harmoney February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2pm Entertainment With Don Owen (TV Room)	2 9:30am Fun & Fitness With Natalie 10:00 Boomer Visits 10:15an Noodle Balloon 2pm Then and Now (Tv Room)	3 10am Chair Yoga 10:30 Morning Meditation (TV Room) 2pm Let's Travel To Italy	4 9:30am Fun & Fitness With Natalie 10:15an Finish the phrase 2pm Entertainment With Darleen and The Shamrock (TV Room)	5 10am Beauty Hour (Dinning Room) 2pm Winter Olympics (TV Room)	6 10am Zumba (TV Room) 10:30am Valentines day Decorating (Dinning Room) 2pm Music Therapist Visit (TV Room)	7 Colouring Booklets & Sensory Bins
8 2pm Entertainment With Don Owen (TV Room)	9 9:30am Fun & Fitness with Kaitlyn 10:00 Boomer visits 2pm Entertainment With Darleen Brooks (TVRoom) Natalie Vacation	10 10am Chair Yoga 10:30 Word Webs (TV Room) 2pm Entertainment with Diedrey F (Palisade Side)	11 9:30am Fun & Fitness With Natalie 10:15am Valentines Day Trivia (TV Room) 2pm Who Am I?	12 10am Valentines day Bingo 2pm Flower arranging	13 10am Zumba 10:30am Name that Love Songs 2pm Music Therapist Visit (TV Room)	14 Valentines Day! 10:00 Valentine 's Flowers & Cards
15 2pm Entertainment With Don Owen (TV Room)	16 Family Day Colouring Booklets & Sensory Bins Stat Holiday	17 10am Chair Yoga 10:30 Morning Meditation (TV Room) 2pm Active Game	18 9:30am Fun & Fitness With Natalie 10:15an Alphabet Artist (Dinning room) 2pm Entertainment With Ian B (TV Room)	19 10am Sorting Seasons (Tv Room) 2pm Modeling With Clay (Dinning Room)	20 10am Zumba 10:30am Reading Group 2pm Music Therapist Vis-it (TV Room)	21 2pm Entertainment With Kathy Wiles (TV Room)
22 2pm Entertainment With Don Owen (TV Room)	23 9:30am Fun & Fitness With Natalie 10:00 Boomer Visits 10:30am Never have I ever 2pm Price Is Right	24 10am Chair Yoga 10:30 This Or That (TV Room) 2pm What's that Sound	25 9:30am Fun & Fitness With Natalie 2pm Entertainment With Sean Roberts (TV Room)	26 10am Hymn Sing 2pm Matching Cities	27 10am Zumba 10:30 Catholic Church Service (TV Room) 2pm Entertainment With Ed Smith (Palisade Side)	28 Colouring Booklets & Sensory Bins

