




HARMONY AUGUST 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:00 Outdoor Strolls 2:00 Dice Game	2 Ash Off 2:00 Beauty Hour	3 10:00 Coffee and Coloring 2:00 Afternoon Movie
4 2:00 Entertainment with Don Owen	5 <i>Civic Holiday</i> 	6 Nat Off 10:00 Garden Group 2:00 Entertainment with Sean R	7 Nat Off 9:30 Fun & Fitness	8 Nat Off 10:00 Outdoor Strolls	9 Nat Off 10:00 Stretching Class 2:00 Entertainment with Ian B	10 10:00 Coffee and Coloring 2:00 Afternoon Movie
11 2:00 Entertainment with Don Owen	12 Nat Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Card Games	13 10:00 Garden Group 2:00 Entertainment with Kathy Wiles	14 9:30 Fun & Fitness 10:15 Sing-A-Long 2:00 Craft Group	15 10:00 Outdoor Strolls 2:00 Entertainment with Don Owen	16 10:00 Balloon Volleyball 2:00 Entertainment with Ed Smith (O)	17 10:00 Social on the Patio 2:00 Afternoon Movie
18 2:00 Entertainment with Don Owen	19 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Categories 2:00 Baking Group	20 10:00 Garden Group 2:00 Outdoor Strolls	21 9:30 Fun & Fitness 10:15 Hang Man 2:00 Trivia	22 10:00 Hymn Sing 10:30 Catholic Service 2:00 Social On The Patio	23 10:00 Chair Yoga 2:00 Beauty Hour	24 10:00 Trivia 2:00 Afternoon Movie
25 2:00 Entertainment with Don Owen	26 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Balloon Volleyball 2:00 Entertainment with Emilio (O)	27 10:00 Garden Group 2:00 Painting Group	28 9:30 Fun & Fitness 10:15 Sing-A-Long 2:00 Harmony Bingo	29 10:00 Outdoor Strolls 2:00 Entertainment with Don Owen	30 10:00 Stretching Class	31 10:00 Coffee and Coloring 2:00 Afternoon Movie