

Happy Hour every
Monday-Friday in the BL
from 3:30 to 4:45

January 2026



Shuttle Bus Tues &
Thurs
9:30-12 & 1-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New Year's Day—Staff Holiday 6:30 Sing-A-Long with Betty (L)?? 3:30 BYOB Happy Hour (BL)	2 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) <i>Natalie Vacation</i>	3 3:30 BYOB Happy Hour (BL)
4 3:30 BYOB Happy Hour (BL)	5 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Don Owen (L)	6 10:00 Chair Yoga (AR) 10:45 Activity Meeting (BL) 2:00 Bingo (AR)	7 11:00 Book Club (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:30 Speaker Series Lori from Calming Minds (BL)	8 10:00 Chair Yoga (AR) 10:30 Anglican Church (4th Floor) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty (L)	9 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 New Entertainment with Farrucas Duo (L)	10 3:30 BYOB Happy Hour (BL)
11 3:30 BYOB Happy Hour (BL)	12 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Michael T (L)	13 10:00 Chair Yoga (AR) 2:00 Bingo (AR)	14 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 1:00-2:30 Walker Clinic (BL) 2:00 Pool Tournament? (4th Floor)	15 10:00 Chair Yoga (AR) 10:00-11:30 Hearing Aide Clinic (Small room by reception) 10:30 Trinity Church (4th Floor) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty (L)	16 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Brian & Lee (L)	17 3:30 BYOB Happy Hour (BL)
18 3:30 BYOB Happy Hour (BL)	19 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Emilio (L)	20 10:00 Chair Yoga (AR) 2:00 Bingo (AR)	21 11:00-2:00 Linda Mash's Artisan Soaps & Creams Pop-Up Shoppe (L) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Jeopardy with Natalie! (L)	22 10:00 Chair Yoga (AR) 10:00 Catholic Church (TR) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty (L)	23 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Darlene McGuinness (L)	24 3:30 BYOB Happy Hour (BL) 2:00-4:00 Free Paramedicine Clinic (BL)
25 3:30 BYOB Happy Hour (BL)	26 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Everything Country (L)	27 10:00 Chair Yoga (AR) 10:30 Resident Council (BL) 2:00 Bingo (AR)	28 11:00 Book Club (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 1:00 Grade 7+8's Visit to Play Euchre (BL) 3:30 Happy Hour Piano with Marianne Marusic (L)	29 10:00 Chair Yoga (AR) 10:45 Beauty Hour (AR) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty (L)	30 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L)	31 3:30 BYOB Happy Hour (BL)

ACTIVITY LOCATION LEGEND

AR – Activity Room

BL – Bar Lounge

L – Lobby

DR – Dining Room

O – Outdoors TR – Theatre Room

LIB – Library