

MAY 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



3
10am Activity Booklets
2pm Entertainment with Don Owens

4
9:30am Fun & Fitness
10:30am Boomer Visits
2pm Critter Visits (Lobby)

5
10am Chair Yoga
10:30am Mexican Word Game
2pm Cinco De Mayo Peso Toss
Cinco de Mayo

6
9:30am Fun & Fitness
10:30am Reading Group
2pm Entertainment with Darlene M

7
10am Walking Club
2pm Collage Making

8
10:00am Zumba!
10:30am Never Have I Ever
2pm Sing-along

9
10am Mother's Day Spa
3pm Blue Jays Game Day vs. Angels

10
10am Activity Booklets
2pm Entertainment with Don Owens

11
9:30am Fun & Fitness
10:30am Boomer Visits
2pm Entertainment with Darlene B

12
10am Chair Yoga
10:30am Alphabet Artist
2pm Tic-Tac-Toe
Bean Bag Toss

13
9:30am Fun & Fitness
10:30am Sing-along
2pm DrumFit

14
10am Walking Club
10-11:30am Hearing Aid Clinic
2pm Pictionary

15
10:00am Zumba!
10:30am Current Events
2pm Music Therapy

16
10am Bingo
1:10pm Blue Jays Game Day vs. Tigers

17
10am Activity Booklets
2pm Entertainment with Don Owens

18
10:30am Boomer Visits
2pm Movie Afternoon
Victoria Day

19
10am Chair Yoga
10:30am Gentle Debate
2pm Gardening

20
9:30am Fun & Fitness
10:30am Water the plants
1-2:30 Walker Clinic (LIB)
2pm Entertainment with Ian B

21
10am Walking Club
2pm Beauty Hour

22
10:00am Zumba!
10:30am Finish the Phrase
2pm Music Therapy

23
10am Bingo
3pm Blue Jays Game Day vs. Pirates

24 / **31**
10am Activity Booklets
2pm Entertainment with Don Owens

25
9:30am Fun & Fitness
10:30am Boomer Visits
2pm Board Games
2:30pm Noodle Balloon

26
10-3pm Hearing Clinic (Library)
10am Chair Yoga
10:30am Guess the Sound
2pm Jeopardy

27
9:30am Fun & Fitness
10:30am Finish the Phrase
2pm Entertainment with Sean Roberts

28
10am Walking Club
2pm DrumFit

29
10:00am Zumba!
10:30am Catholic Mass
2pm Music Therapy

30
10am Bingo
4pm Blue Jays Game Day vs. Orioles