

Happy Hour every
Monday-Friday in the BL from
3:30 to 4:45



October 2025



Shuttle Bus Tues &
Thurs
9:30-12 & 1-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:30 Fun & Fitness with Natalie (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Speaker Series: Mayor of Cobourg (BL) 6:30 Carol's Movie Night (BL)	2 10:00 Chair Yoga (AR) 10:40 Beauty Hour (AR) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty Taylor (L)	3 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 New Entertainment with Andrew Olscher (L)	4 2:00 Bingo (AR) 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)
5 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)	6 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Michael T	7 10:00 Chair Yoga (AR) 10:45 Activity Meeting (BL) 2:00 Bingo (AR)	8 10:30 Fun & Fitness with Natalie (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Don Owen (L) 6:30 Carol's Movie Night (BL)	9 10:00 Chair Yoga (AR) 10:30 Visit to the Primrose Donkey Sanctuary (please sign up at reception) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty Taylor (L)	10 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 10-3pm Free Hearing Assessment Clinic (LIB, sign near the reception desk) Rebecca Off	11 2:00 Bingo (AR) 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)
12 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)	13 Thanksgiving Day 2:00 Entertainment with Ray Herbert: An Afternoon of Short Stories and Music (L) 3:30 BYOB Happy Hour Natalie & Rebecca Off	14 10:00 Chair Yoga (AR) 10:40 Creative Writing Club (LIB) 2:00 Bingo (AR) Natalie Vacation	15 10:30 Fun & Fitness with Rebecca (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Eric Lambier (L) 6:30 Carol's Movie Night (BL) Natalie Vacation	16 10:00 Chair Yoga (AR) 10:30 Anglican Church Service (4th Floor) 11-2:00 New Vendor: Bob's Wood-working Pop-Up Shoppe (L) 2:00 Bingo (AR) 6:30 Sing-A-Long with Betty Taylor (L) Natalie Vacation	17 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Jeopardy! (L) Natalie Vacation	18 2:00 Bingo (AR) 2:00 Entertainment with Darlene (L) 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)
19 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)	20 10:00 Boomer Visits 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Terry M (L)	21 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2-4 Jane's British Shop Pop-Up (L)	22 10:30 Fun & Fitness with Natalie (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L) 6:30 Carol's Movie Night (BL)	23 10:00 Chair Yoga (AR) 10:00 Catholic Church Service (TR) 12:00-2:00 Tocara Jewelry Pop-Up Shoppe (BL) 2:00 Prize Bingo! (AR) 6:30 Sing-A-Long with Betty Taylor (L)	24 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 New Entertainment with Saxophonist Ivengi Kriger (L) Rebecca Off	25 2:00 Bingo (AR) 2:00-4:00 Free Paramedicine Clinic (BL) 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)
26 2:00 Sparkle Pumpkins and Acrylic Painting Hour with Natalie (BL) 3:30 BYOB Happy Hour (BL) 6:30 Carol's Movie Night (BL)	27 10:00 Boomer Visits 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with "The Ukaladies" (L)	28 10:00 Chair Yoga (AR) 10:30 Resident's Council Meeting (BL) 2:00 Bingo (AR)	29 10:30 Fun & Fitness with Natalie (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 6:30 Carol's Movie Night (BL)	30 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 6:30 Entertainment with Diedrey Francois (L)	31 10:35 Zumba! (BL) CRG Student's Visit Palisade for Trick-Or-Treats (L) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Halloween Bash! (BL)	