

# JULY 2026

Shuttle Bus  
Tues & Thurs  
9:30-12 & 1-3:30

SUNDAY

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**1**  
10:30am Entertainment  
with Robert D'Cruz (L)  
1pm Euchre (AR)  
Canada Day 

**2**  
10am Chair Yoga (AR)  
10:45am Creative  
Writing (LIB)  
2pm DrumFit (AR)  
3:30pm Happy Hour  
(BL)

**3**  
9am Walking Club (L)  
10:35am Zumba! (BL)  
1pm Euchre (AR)  
2pm Strawberry Social  
with Don Owen (L)  
3:30pm Happy Hour (BL)

**4**  
3:30pm BYOB Happy  
Hour (BL)

**5**  
3:30pm BYOB Happy  
Hour (BL)

**6**  
10am Boomer Visits  
10:30am Fun & Fitness (AR)  
11-3pm Vendor: Gemini  
Jewelry  
1pm Euchre (AR)  
2pm Entertainment with  
Everything Country (L)

**7**  
9am Walking Club (L)  
10:45am Activity Meeting  
(BL)  
1:45pm Beauty Hour (LIB)  
2pm Bingo (AR)  
3:30pm Happy Hour (BL)

**8**  
10:30am Fun & Fitness  
(AR)  
1pm Euchre (AR)  
2pm Blackjack (BL)  
3:30pm Happy Hour (BL)

**9**  
10am Chair Yoga (AR)  
2pm Bingo (AR)  
3:30pm Happy Hour  
(BL)

**10**  
9am Walking Club (L)  
10:35am Zumba! (BL)  
1pm Euchre (AR)  
2pm Hawaiian Social with  
John Pebble (L)  
3:30pm Happy Hour (BL)

**11**  
2pm Bingo (AR)  
3:30pm BYOB Happy  
Hour (BL)

**12**  
3:30pm BYOB Happy  
Hour (BL)

**13**  
10am Boomer Visits  
1pm Euchre (AR)  
2pm Entertainment with  
Michael T (L)  
3:30pm Happy Hour (BL)

**14**  
9am Walking Club (L)  
10am Chair Yoga (AR)  
2pm Bingo (AR)  
3:30pm Happy Hour (BL)

**15**  
10:30am Fun & Fitness  
(AR)  
1pm Euchre (AR)  
2pm Jeopardy (BL)  
3:30pm Happy Hour (BL)

**16**  
10am Chair Yoga (AR)  
10-11:30am Hearing Aid  
Clinic (LIB)  
2pm Bingo (BL)  
2pm DrumFit (AR)  
3:30pm Happy Hour (BL)

**17**  
9am Walking Club (L)  
10:35am Zumba! (BL)  
1pm Euchre (AR)  
2pm Entertainment with  
Darlene (L)  
3:30pm Happy Hour (BL)

**18**  
3:30pm BYOB Happy  
Hour (BL)  
6:30pm Northumberland  
Players Performance

**19**  
3:30pm BYOB Happy  
Hour (BL)

**20**  
10am Boomer Visits  
10:30am Fun & Fitness  
11am Computer info with Bill  
(LIB)  
1pm Euchre (AR)  
2pm Entertainment with Emilio  
(L)  
3:30pm Happy Hour (BL)

**21**  
9am Walking Club (L)  
10am Chair Yoga (AR)  
1:45am Beauty Hour (LIB)  
2pm Bingo (AR)  
3:30pm Happy Hour (BL)

**22**  
10:30am Fun & Fitness  
(AR)  
1pm Euchre (AR)  
2:15pm Tai Chi (BL)  
3:30pm Happy Hour (BL)

**23**  
10am Chair Yoga (AR)  
10:45am Creative Writing  
(LIB)  
2pm Guest Speaker Series  
"Estate Planning"  
3:30pm Happy Hour (BL)

**24**  
9am Walking Club (L)  
10am Catholic Mass  
(TR)  
10:35am Zumba! (BL)  
1pm Euchre (AR)  
2pm Birthday Party with  
Brain and Lee (L)  
3:30pm Happy Hour (BL)

**25**  
2pm Bingo (AR)  
2-4pm Paramedicine  
Clinic (BL)  
3:30pm BYOB Happy  
Hour (BL)

**26**  
3:30pm BYOB Happy  
Hour (BL)

**27**  
10am Boomer Visits  
10:30am Fun & Fitness (AR)  
11am Computer info with Bill (LIB)  
1pm Euchre (AR)  
2pm Entertainment with Eric L  
(L)  
3:30pm Happy Hour (BL)

**28**  
9am Walking Club (L)  
10am Chair Yoga (AR)  
2pm Bingo (AR)  
3:30pm Happy Hour piano  
with Marianne Marusic (BL)  
6:30pm Cobourg Legion Pipe  
and Drum Band (BL)

**29**  
10:30am Fun & Fitness (AR)  
11-2pm Diane's Bittertarts (L)  
1pm Euchre (AR)  
2pm Tai Chi (BL)  
3:30pm Happy Hour (BL)

**30**  
10am Chair Yoga (AR)  
2pm Bingo (BL)  
2pm DrumFit (AR)  
3:30pm Happy Hour (BL)

**31**  
9am Walking Club (L)  
10:35am Zumba! (BL)  
1pm Euchre (AR)  
2pm Entertainment with  
Ed Smith (L)  
3:30pm Happy Hour (BL)



ACTIVITY LOCATION LEGEND AR-ACTIVITY ROOM BL-BAR LOUNGE L-LOBBY TR-THEATRE ROOM LIB-LIBRARY