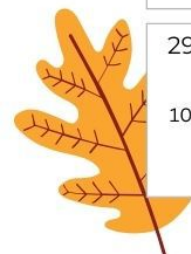


October 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Coffee & Chats (BL)	2 10:30 Fun & Fitness (AR) 10:00 Boomer Visits 11:00 Computer info(Library) 1:30 Card Group (AR) 2:00 Entertainment with Ukaladies (L)	3 10:30 Virtual Chair Yoga (BL) 2:00 Bingo (AR) 2:00 Men's Club (4th L) 3:00 Pop-up shopping with Sweet Legs Clothing	4 10:30 Fun & Fitness (AR) 11:00 Book Club (Library) 1:30 Card Group (AR) 2:00 Travel to Munich (BL)	5 10:30 Virtual Chair Yoga (BL) 11:00 Activity Meeting (BL) 2:00 Bingo (AR)	6 10:30 Zumba (BL) 1:30 Card Group (AR) 2:00 Entertainment with Ed	7 2:00 Bingo (AR)
8 10:30 Worship Service Thanksgiving	9 10:30 Fun & Fitness (AR) 10:00 Boomer Visits 11:00 Computer Info (Library) 1:30 Card Group (AR)	10 10:30 Virtual Chair Yoga (BL) 10:00-12:00 Cobourg Library Info booth 2:00 Bingo (AR) 6:30 Entertainment with Deidrey (L)	11 10:30 Fun & Fitness (AR) 11:00-3:00 Gemini Jewelry Pop-up (L) 1:30 Card Group (AR) 2:00 St Peters Church (4th L) 2:00 Scrabble	12 10:30 Virtual Chair Yoga (BL) 2:00 Entertainment with Eileen 2:00 Bingo (AR)	13 10:30 Zumba (BL) 1:30 Card Group (AR) 1:30 Matinee Movie (TR)	14 10:30 Trivia (BL) 2:00 Bingo (AR)
15 10:30 Coffee & Chats (BL)	10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info (Library) 1:30 Card Group (AR) 2:00 Entertainment with Sean	17 10:30 Virtual Chair Yoga (BL) 2:00 Bingo (AR) 2:00 Men's Club (4th L) 3:30 Happy Hr Special	18 9:30-1:30 Flu Shot Clinic (BL) 1:30 Card Group (AR)	19 10:00 Trinity Church(4th L) 10:30 Virtual Chair Yoga (BL) 2:00 Bingo (AR)	20 10:30 Zumba (BL) 1:30 Card Group 1:30 Matinee Movie (TR)	21 2:00 Bingo (AR)
22 10:30 Coffee & Chats (BL)	10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info (Library) 1:30 Card Group (AR) 2:00 Entertainment with Hal	24 10:30 Virtual Chair Yoga (BL) 11:00 Guess the Scent 2:00 Bingo (AR)	25 10:00-12:00 Meet the Author (L) 10:30 Fun & Fitness (AR) 11:00 Book Club (Library) 1:30 Card Group (AR) 2:00 Scrabble	26 10:30 Virtual Chair Yoga (BL) 2:00 Entertainment with Darlene 2:00 Bingo (AR)	27 10:30 Zumba (BL) 1:30 Card Group (AR) 1:30 Halloween Movie (TR)	28 2:00 Bingo (AR) 2:00 Entertainment with Garry
29 10:30 Coffee & Chats (BL)	30 10:00 Boomer Visits 10:30 Fun & Fitness (AR) 11:00 Computer Info (Library) 11:00 Door Decor Judging 1:30 Card Group (AR)	31 10:30 Resident Council Meeting(BL) 2:00 Halloween party with Emilio(L)	<div data-bbox="1041 1014 1310 1253" data-label="Image"> </div> <div data-bbox="1355 1014 1780 1253" data-label="Text"> <p>Activity Location Legend AR- Activity Room BL-Bar Lounge L-Lobby DR-Dining Room TR-Theatre Room</p> </div>			