

June News



JAMES CLUB

Activity Department

As we welcome the month of June, we are excited to embrace the sunshine, warmer weather, and all the joy that summer brings. Featured Programs this month include:

Guest Speaker:

Friday June 12th at 2pm in the Lobby

Natasha Quinlan from Seniors Helpers will be joining us.

Fashion Show:

Wednesday June 17th from 2-4pm

Palisade Gardens will be hosting a fundraising fashion show in support of Northumberland Hills Hospital. The first 24 residents may attend free of charge.

Sign up at front desk or with activities.

Father's Day Weekend:

Friday June 19th at 2pm

Enjoy a Dad's Root Beer Float social in the Lobby.

Saturday June 20th at 2pm

Enjoy performance by Sean Roberts in the Lobby.

Sunday June 21st at 2pm Family Feud Trivia in the Lobby.

We encourage everyone to participate, try something new, and make the most of each day.

Wishing everyone a happy, healthy, and sunny June!

-Kaitlyn: Activity Director



Pop-up Shop's

This month we are excited to host several pop-up shops:

Jane's British Shop: June 2nd from 2-4pm

Linda Mash Soap's: June 3rd from 11-2pm

Tocara Jewelry: June 24th from 11-2pm

All Pop-up Shops located in the Lobby!



Special Performance

CR Gummow Band will be performing at Palisade Gardens.

June 8th at 1pm in the Lobby

June Riddle



What has keys but cannot open locks?

Fire Safety Tip

What to do if you hear the Fire Alarm?



1. REMAIN in your apartment if no signs of smoke or flames.
2. Stay calm and listen for instructions. Building staff or emergency responders will direct you if you are in immediate danger.
3. DO NOT open your door unless instructed. Opening the door may allow smoke or fire to enter.
4. Keep your apartment sealed. Close windows and vents to prevent smoke from entering.
5. Do not use elevators unless emergency personnel instruct you to do so.

Bus Outings

June 8th 9:30am-3pm:

We will begin the day at the Best Western for a screening of “Silver Screeners” with a meet and greet with the director. Afterward, we will enjoy a complimentary lunch at the YMCA, followed by afternoon activities at the YMCA. See Activities for more details!

June 29th: Departure 10am: Waterfront Festival

Sign up at front desk or with Activities!

Fashion Show & Garden Party

June 17th from 2-4pm at Palisade Gardens



- Fashion Show
- Garden Party
- Wine & Canapes
- Desserts & Coffee
- Prize Draws



Resident's who want to attend must sign up and the first 24 are FREE!



Activity Meeting

**Tuesday June 2nd at 10:45am
in the Bar Lounge.**

**Discuss upcoming activities
New Programs
Make Suggestions**

Resident Council

**Tuesday June 30th at
10:30am in the Bar Lounge.**



JUNE 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

10:30am Fun & Fitness (AR) **1**
 11am Computer info with Bill
 1pm Euchre (AR)
 2pm Entertainment with Don Owen (L)
 3:30pm Happy Hour (BL)

9am Walking Club (L) **2**
 10am Chair Yoga (AR)
 10:45am Activity Meeting (BL)
 2pm Bingo (AR)
 2-4pm Jane's British Shop (L)
 3:30pm Happy Hour (BL)

10:30am Fun & Fitness (AR) **3**
 11am Book Club (LIB)
 11-2pm Linda Mash Soap's
 1pm Euchre (AR)
 2:15pm Tai Chi (BL)
 3:30pm Happy Hour (BL)

10am Chair Yoga (AR) **4**
 10:45am Creative Writing (LIB)
 2pm DrumFit (AR)
 3:30pm Happy Hour (BL)

9am Walking Club (L) **5**
 10:35am Zumba! (BL)
 1pm Euchre (AR)
 2pm Entertainment with Jim Matthews (L)
 3:30pm Happy Hour (BL)

2pm Entertainment with Terry M (L) **6**
 3:30pm BYOB Happy Hour (BL)

1:40pm Blue Jays vs. Baltimore **7**
 3:30 BYOB Happy Hour (BL)

9am Bus Outing: Movement, Music and Creativity. **8**
 10:30am Fun & Fitness (AR)
 1pm Euchre (AR)
 1pm C.R. Gummow Band
 2pm Jeopardy (L)
 3:30pm Happy Hour (BL)
 6pm Entertainment with Gores Landing Islanders

9am Walking Club (L) **9**
 2pm Bingo (AR)
 3:30pm Happy Hour (BL)
 Kaitlyn Off

10:30am Fun & Fitness (AR) **10**
 1pm Euchre Club (AR)
 2pm Entertainment with Bob & Lee (L)
 3:30pm Happy Hour (BL)

10am Chair Yoga (AR) **11**
 10:30am Anglican Church (4th Floor)
 2pm Bingo (AR)
 3:30pm Happy Hour (BL)

9am Walking Club (L) **12**
 10:35am Zumba! (BL)
 1pm Euchre (AR)
 2pm Speaker Series: Natasha Quinlan from Senior Helpers
 3:30pm Happy Hour (BL)

3:30 BYOB Happy Hour (BL) **13**

1:40pm Blue Jays vs. Yankees **14**
 3:30 BYOB Happy Hour (BL)

10:30am Fun & Fitness (AR) **15**
 11am Computer info with Bill (Lib)
 1pm Euchre (AR)
 2pm Entertainment with Kathy Wiles (L)
 3:30pm Happy Hour (BL)

9am Walking Club (L) **16**
 2pm Bingo (AR)
 3:30pm Happy Hour (BL)

10:30am Fun & Fitness (AR) **17**
 1:30pm Euchre Club (AR)
 2-4pm FASHION SHOW (BL)

10am Chair Yoga (AR) **18**
 10:45am Creative Writing (LIB)
 2pm DrumFit (AR)
 3:30pm Happy Hour (BL)

9am Walking Club (L) **19**
 10:35am Zumba! (BL)
 2pm Dad's Root Beer Floats with Eric L (L)
 3:30pm Happy Hour (BL)

2pm Bingo (AR) **20**
 2pm Entertainment with Sean Roberts (L)
 3:30 BYOB Happy Hour (BL)

2pm Entertainment with Eugenio Family Game Show **21**
 3:30 BYOB Happy Hour (BL)
 Father's Day

11am Computer info with Bill **22**
 1pm Euchre Club(AR)
 2pm Birthday Party with Michael T (L)
 3:30pm Happy Hour (BL)

9am Walking Club (L) **23**
 10:45am Beauty Hour (AR)
 2pm Bingo (AR)
 3:30pm Happy Hour (BL)

10:30am Fun & Fitness (AR) **24**
 11am Book Club (LIB)
 11-2pm Tocara Jewelry (L)
 1pm Euchre Club (AR)
 2:15pm Tai Chi with Cindy (BL)
 3:30pm Happy Hour (BL)

10am Chair Yoga (AR) **25**
 2pm Prize Bingo (AR)
 3:30pm Happy Hour (BL)

9am Walking Club (L) **26**
 10am Catholic Mass (TR)
 10:35am Zumba! (BL)
 2pm Entertainment with Ed Smith (L)

2pm Bingo (AR) **27**
 2-4pm Paramedicine Clinic (BL)
 3:30 BYOB Happy Hour (BL)

1:40pm Blue Jays vs. Texas **28**
 3:30 BYOB Happy Hour (BL)

10am Bus Outing: Waterfront Festival **29**
 10:30am Fun & Fitness (AR)
 11am Computer info with Bill
 1pm Euchre Club (AR)
 2pm Entertainment with Darlene M (L)
 3:30pm Happy Hour (BL)
 Natalie Off

9am Walking Club (L) **30**
 10:30 Residents Council (BL)
 3:30 Happy hour piano with Marianne Marusic (L)
 Natalie Off