

Happy Hour every
Monday-Friday in the BL
from 3:30 to 4:45

February 2026

Shuttle Bus Tues &
Thurs
9:30-12 & 1-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 3:30 BYOB Happy Hour (BL)	2 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2pm Let's Travel: Italy	3 10:00 Chair Yoga (AR) 10:45 Activity Meeting (BL) 2-4 Janes British Shop 2:00 Bingo (AR) 3:30 Happy Hour	4 10:30 Fun & Fitness with Natalie (AR) 11:00 Book Club (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Bob & Lee (L) 3:30 Happy Hour	5 10:00 Chair Yoga (AR) 2:00 Bingo 3:30 Happy Hour	6 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Opening Winter Olympics Ceremony 3:30 Happy Hour	7 2pm Bingo (AR) 3:30 BYOB Happy Hour (BL) 6:30 Entertainment with Terry M (L)
8 3:30 BYOB Happy Hour (BL) Super Bowl	9 10:00 Boomer Visits 10:30 Fun & Fitness with Kaitlyn(AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Sean Roberts (L) Natalie Vacation	10 10:00 Chair Yoga with Kaitlyn (AR) 2:00 Bingo (AR) 2pm Entertainment with Diedrey (L) 3:30 Happy Hour	11 10:30 Fun & Fitness with Natalie (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:15 Tai Chi With Cindy 3:30 Happy Hour	12 10:00 Chair Yoga (AR) 10:30 Anglican Church (4th Floor) 2:00 Bingo 11-2 Keri Fashion Vendor 3:30 Happy Hour 6:30 Paint and Sip	13 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Jeopardy (L) 3:30 Happy Hour	14 Valentines Day! 10am Valentines Photo Shoot 2pm Bingo (AR) 2:00pm Bouquet Flower arranging
15 3:30 BYOB Happy Hour (BL)	16 10:00 Boomer Visits 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Michale T (L) Family Day Stat Holiday	17 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour Pancake Tuesday	18 1:30 10:30 Fun & Fitness with Natalie (AR) Euchre Group (AR) 1:30 Bridge Group (4th Floor) Entertainment with John Pebble (L) 3:30 Happy Hour Ash Wednesday	19 10:00 Chair Yoga (AR) 10:30 Trinity Church (4th Floor) 2:00 Prize Bingo 3:30 Happy Hour	20 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment Darlene and the Shamrocker (L) 3:30 Happy Hour	21 2pm Bingo (AR) 3:30 BYOB Happy Hour (BL)
22 3:30 BYOB Happy Hour (BL)	23 10:00 Boomer Visits 10:30 Fun & Fitness with Natalie (AR) 11:00 Computer Info with Bill (LIB) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) Speaker series Cobourg Police 3:30 Happy Hour	24 10:00 Chair Yoga (AR) 10:30 Resident Council (BL) 2:00 Bingo (AR) 3:30 Happy Hour	25 10:30 Fun & Fitness with (AR) 11am Book Club (LIB) 12-1 Tocara Jewelry 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:15 Tai Chi With Cindy 3:30 Happy Hour Kaitlyn Vacation	26 10:00 Chair Yoga (AR) 10:00 Catholic Church (TR) 3:30 Happy Hour Kaitlyn Vacation	27 10:35 Zumba! (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Ed Smith (L) 3:30 Happy Hour Kaitlyn Vacation	28 2pm Bingo (AR) 3:30 BYOB Happy Hour (BL) 2:00-4:00 Free Paramedicine Clinic (BL)

