

July 2023

· SUNDAY · · MONDAY · · TUESDAY · · WEDNESDAY · · THURSDAY · · FRIDAY · · SATURDAY ·

Welcome JULY!
We have quite a few FUN-filled activities planned. Be sure to sign up so you don't miss out on the FUN!
Stay up to date with any program changes posted on the Elevator Calendars.

HAPPY CANADA DAY 🇨🇦 1
 10:30 Entertainment – JV Music (L)
 2:00 B I N G O (AR)

10:30 Walking Group – Self Led 2 2:00 Let's Play Cards (AR)	3 2:00 Entertainment Corby Kemp (L) Jenna & Natalie Off	Independence Day 🇺🇸 4 10:00 CHAIR YOGA (AR) 11:00 Craft Group – Canvas Painting (AR) 2:00 B I N G O (AR)	5 10:30 Fun & Fitness (AR) 11:00 Book Club Gathering (LIB) 2:00 Entertainment – Eric L (L)	6 10:00 CHAIR YOGA (AR) 2:00 LADIES TEA (BL) 3:00 Outside Strolls with Jenna or Natalie (L)	7 SPIRIT DAY – NEON DAY 10:00-2:00 Palisades Carnival Day 2:00 Entertainment – Ed Smith (L)	8 10:00 Chats on the Patio – Self Led 2:00 Entertainment Mike McConnell (L)
10:30 Walking Group – Self Led 9 2:00 Tea & Chats – Self Led	10 10:30 Fun & Fitness (AR) 11:00 Computer Help with Bill (LIB) 1:30 OUTING – Big Apple (SIGNUP) 2:00 Entertainment – Deidrey (L)	11 10:00 CHAIR YOGA (AR) 11:00 ACTIVITY MEETING (BL) 2:00 Minute to Win it Games (BL)	12 Pecan Pie Day 10:30 Fun & Fitness (AR) 2:00 Entertainment – OUTSIDE The Kreeker's (P)	13 10:00 CHAIR YOGA (AR) 10:30 St Peters Church (4th L) 12:00-3:00 Walker Clinic (SIGN UP) (BL) 3:00 Outside Strolls with Jenna or Natalie	14 SPIRIT DAY – TACKY FASHION 11:00 Patio Chats with Jenna or Natalie (P) 2:00 Entertainment – Hal Allison	15 10:00 Chats on the Patio – Self Led 2:00 B I N G O (AR)
10:30 Walking Group – Self Led 16 2:00 Let's Play Cards (AR)	17 10:30 Fun & Fitness 11:00 Computer Help with Bill (LIB) 2:00 Entertainment – Sean Roberts (L)	18 Ice Cream Day 10:00 CHAIR YOGA (AR) 11:00 Craft Group – Rock Painting (AR) 2:00 ICE CREAM SUNDAE BAR (P)	19 10:30 Fun & Fitness 11:00 Lunch Outing – Brighton (SIGNUP) The Whistling Duck 2:00 Entertainment – Brian M (L)	20 10:00 Trinity Church (4th L) 10:00 CHAIR YOGA (AR) 3:00 Outside Strolls with Jenna or Natalie	21 SPIRIT DAY – TIE DIE DAY 5:30 Outing to Horse Racing & Casino (SIGN UP) 6:30 Entertainment Northumberland Players (L)	22 10:00 Chats on the Patio – Self Led 2:00 Psychic Reading with Donna (SIGN-UP) (TR)
10:30 Walking Group – Self Led 23 2:00 Tea & Chats – Self Led	24 10:30 Fun & Fitness (AR) 11:00 Computer Help with Bill (LIB) 2:00 Root Beer Float Social on the Patio	25 10:00 CHAIR YOGA (AR) 2:00 B I N G O (AR)	26 10:30 Fun & Fitness (AR) 11:00 Book Club Gathering (LIB) 2:00 Entertainment – Darlene M (L)	27 10:00 Catholic Church (TR) 10:00 CHAIR YOGA (AR) 3:00 Outside Strolls with Jenna or Natalie	28 SPIRIT DAY – BASEBALL GEAR 11:00 Would You Rather (L) 2:00 Entertainment – Bob D'Cruz (L)	29 10:00 Chats on the Patio – Self Led 2:00 B I N G O (AR)
Friendship Day 🇺🇸 30 10:30 Walking Group – Self Led 2:00 Let's Play Cards (AR)	31 10:30 Fun & Fitness (AR) 11:00 Computer Help with Bill (LIB) 2:00 Entertainment – Emilio Birthday Party (L)					

LEGEND
AR- ACTIVITY ROOM 4TH L – 4TH FLOOR CONDO LOUNGE
BL – BAR LOUNGE L – LOBBY
P – PATIO TR- THEATRE ROOM LIB – LIBRARY