

Exercise with Natalie is M, W 10:30 in the Activity Room  AUGUST 2024  Shuttle Bus Tues & Thurs 9:30-12 & 1-3:30						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:00 Chair Yoga (AR) 10:30 Activity Meeting With Ashley (BL) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	2 Ash Off 10:00 Craft Group: Bead Craft (AR) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour: Caesars (BL)	3 2:00 Bingo (AR)
4 10:30 Coffee & Chats (BL)	5 Civic Holiday 	6 Nat Off 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2:00 Entertainment With Don Owen (L) 3:30 Happy Hour (BL)	7 Nat Off 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 High Tea—A Thank You From Kennedy! (BL) 3:30 Happy Hour (BL)	8 Nat Off 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 2:00 Entertainment With Michael T (L) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	9 Nat Off 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Peach Social (BL) 3:30 Happy Hour (BL)	10 2:00 Bingo (AR)
11 10:30 Coffee & Chats (BL) 2:00 Entertainment With Lesley Daly (L)	12 Nat Off 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 3:30 Happy Hour (BL)	13 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	14 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment With Just Us Jazz Band (L) 3:30 Happy Hour (BL)	15 10:00 Chair Yoga (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	16 10:00—11:30 Ladies Nails (AR) 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment With Ed Smith (L) 3:30 Happy Hour: Caesars (BL)	17 2:00 Bingo (AR)
18 10:30 Coffee & Chats (BL)	19 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Bean Bag Toss (L) 3:30 Happy Hour (BL)	20 10:00 Chair Yoga (AR) 10:30 Craft Group: Sun Catcher Craft (AR) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	21 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment with Lawrence Marks (L) 3:30 Happy Hour (BL)	22 10:00 Chair Yoga (AR) 10:30 Balloon Volleyball (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	23 10:00 Trivia (L) 10:30 Zumba (BL) 12:00 Order In Lunch —Chinese Food 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Ice Tea and Cookie Pairing (C) 3:30 Happy Hour (BL)	24 2:00 Bingo (AR) 
25 10:30 Coffee & Chats (BL) 	26 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Entertainment With Emilio (L) 3:30 Happy Hour (BL)	27 10:00 Chair Yoga (AR) 10:30 Dice Game (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL)	28 10:30 Fun & Fitness (AR) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:00 Let's Travel: Greece (BL) 3:30 Happy Hour (BL) 6:30 Entertainment With Eric L (L)	29 10:00 Chair Yoga (AR) 10:30 Bean Bag Toss (L) 2:00 Bingo (AR) 3:30 Happy Hour (BL) 6:30 Sing-A-Long (L)	30 10:30 Zumba (BL) 1:30 Euchre Group (AR) 1:30 Bridge Group (4th Floor) 2:30 Line Dancing Entertainment (O) 2:30 Happy Hour: Caesars (BL) 4:30 Corn Roast (BL)	31 2:00 Bingo (AR) 2:00 Entertainment With Darlene (L)



HARMONY AUGUST 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:00 Outdoor Strolls 2:00 Dice Game	2 Ash Off 2:00 Beauty Hour	3 10:00 Coffee and Coloring 2:00 Afternoon Movie
4 2:00 Entertainment with Don Owen	5 <i>Civic Holiday</i> 	6 Nat Off 10:00 Garden Group 2:00 Entertainment with Sean R	7 Nat Off 9:30 Fun & Fitness	8 Nat Off 10:00 Outdoor Strolls	9 Nat Off 10:00 Stretching Class 2:00 Entertainment with Ian B	10 10:00 Coffee and Coloring 2:00 Afternoon Movie
11 2:00 Entertainment with Don Owen	12 Nat Off 9:30 Fun & Fitness 10:00 Boomer Visits 2:00 Card Games	13 10:00 Garden Group 2:00 Entertainment with Kathy Wiles	14 9:30 Fun & Fitness 10:15 Sing-A-Long 2:00 Craft Group	15 10:00 Outdoor Strolls 2:00 Entertainment with Don Owen	16 10:00 Balloon Volleyball 2:00 Entertainment with Ed Smith (O)	17 10:00 Social on the Patio 2:00 Afternoon Movie
18 2:00 Entertainment with Don Owen	19 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Categories 2:00 Baking Group	20 10:00 Garden Group 2:00 Outdoor Strolls	21 9:30 Fun & Fitness 10:15 Hang Man 2:00 Trivia	22 10:00 Hymn Sing 10:30 Catholic Service 2:00 Social On The Patio	23 10:00 Chair Yoga 2:00 Beauty Hour	24 10:00 Trivia 2:00 Afternoon Movie
25 2:00 Entertainment with Don Owen	26 9:30 Fun & Fitness 10:00 Boomer Visits 10:15 Balloon Volleyball 2:00 Entertainment with Emilio (O)	27 10:00 Garden Group 2:00 Painting Group	28 9:30 Fun & Fitness 10:15 Sing-A-Long 2:00 Harmony Bingo	29 10:00 Outdoor Strolls 2:00 Entertainment with Don Owen	30 10:00 Stretching Class	31 10:00 Coffee and Coloring 2:00 Afternoon Movie

